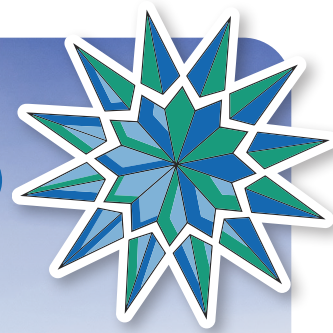


ALL SAINTS

CATHOLIC CHURCH & SCHOOL



Love God • Serve Others • Form Disciples



July 4 & July 5, 2026;
14th Sunday in Ordinary Time



WEEKEND MASS TIMES

Saturday	4:00 pm
Sunday	8:00 am

WEEKDAY MASS TIMES

Tuesday	8:00 am
Wednesday	 No Daily Mass
Thursday	8:30 am
Friday	8:00 am

Rest for the Weary



Image: young-catholics.com



allsaintscr.com



@allsaintscatholicchurchinc9029



@AllSaintsCedarRapidsIowa



@allsaintscr

All Saints Catholic Church † 720 29th Street SE † Cedar Rapids, Iowa 52403 † (319) 363-6130

Please Pray for the Following People

(*Why people want prayers isn't important, the prayers are!*)



To add a name call Dan Alpers, at 363-6130, ext. 100. Names will be listed for four weeks and may be renewed. †, Recently deceased will be listed for two weeks.

Stewardship Corner



When we think of being good stewards, we may think that God is asking too much of us when He calls us to generously share our time, talent and treasure. However, we must remember that we are not “owners” of anything, we are merely “stewards” of the gifts God has given us. All He is asking is that we give back a small portion, in gratitude, of what He has already given to us.

Vocation Bulletin Blurb



“Come to me, all you who labor and are burdened, and I will give you rest.” (Matthew 11:28) Christ invites each of us to lay down our burdens and find true peace in Him. In every vocation, priesthood, consecrated life, or holy matrimony, we are called to follow Him with trust, allowing His grace to strengthen us and renew our hearts. Take a moment today to listen to His call and rest in His loving presence. If you feel a stirring desire to follow God’s path, talk to your priest or reach out to the Vocation Office at dbqcvo@dbqarch.org.

Celebration of Thanksgiving



Join the Pastoral Council, Finance Council, and Faith Formation Commission for Fellowship and Celebration of Thanksgiving after masses the weekend of July 11 and 12 as we say “Thank you” to Fr. Eric, Matthew Burrier and Tracy Huk. We thank Fr. Eric for ministering with us this past year and we wish him the best as he journeys to his new assignment in Peosta Pastorate. We thank Matt for his amazing leadership of our music ministry and wish him well as he assumes his new role as the Director of Music and Liturgy for the Cedar Rapids West Pastorate. We thank Tracy Huk for her leadership and time as our Pastoral Life Coordinator.

We appreciate their stewardship and dedication to our parish as we move into our pastorate. Parishioners are welcome to bring words and gifts of thanksgiving to them, as we will also recognize them at the end of Mass that weekend.



Everyday Metanoia



Welcome to the 14th Sunday in Ordinary Time. In the verses preceding today's passage from Matthew, Jesus inserts the themes of unbelief and repentance in response to his teachings and mighty deeds. Jesus was scorching in his judgement for those who were able to hear his words, witness his miracles and refused to be moved to repent and enter into or return to a life lived with God at the center. Curtis Mitch and Edward Sri in their Commentary on Matthew connect the past with the present, revealing and reinforcing the power and timelessness of Jesus: "The lesson to be learned is simple: with great privilege comes great responsibility." Those who were first hand witnesses to the teaching of Jesus and his miracles were privileged indeed. Even though Jesus drew crowds of people; that number compared to all that were living at the time is a small percentage. Jesus was revealing the Father and the Father was extending his gift of love and close relationship through Jesus. And yet some remained unmoved.

It is dangerous indeed to think of this merely as a recounting of times of old. Mitch and Sri continue, "What about us? Jesus has entrusted the Church with the fullness of Christian truth and grace. Christians of all confessions hold that salvation in Christ is ours for the taking and that the Bible is the living Word of God. Have we responded to these privileges with faith and zeal proportionate to their greatness? If we are honest, we will surely find areas in our lives that are not fully surrendered to the lordship of Jesus. Yet if Christ is truly present among us - in his Word, in his Eucharist, and in his Church - then we are in a situation much like that of ancient [times]." Most especially in 1st world countries, where we are able to worship openly and freely, we should be aware that God has provided with much generosity. In great joy and thanksgiving we are called to multiply and share this gift with our brothers and sisters.

This background helps us to understand today's passage, "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light." Just like God never forces his will upon us, this is an invitation from Jesus, not a command. The yoke that Jesus refers to is often understood to be the knowledge God's covenantal law, our adherence to it in love of God and living a life that reflects our gratitude for all that God provides; in a nutshell - discipleship. Discipleship is the ultimate paradox of our Christian life - it is a life that is both humanly hard and can be fraught with suffering and yet, when we accept the yoke of being the living embodiment of God's Word and mighty deeds, the rest offered is one of "inner peace in this life that quiets the heart and the mind and surpasses human understanding. Of course, the followers of Jesus will continue to experience frustration, trials and suffering, but these burdens become lighter and more bearable with the Lord's help." With this great privilege, Jesus asks us to take his yoke of love, compassion and mercy upon us, while continuing to learn from his words and his ways. For to keep trusting our hearts and minds to the wisdom and power of God is to grow a meek and humble heart, like Jesus.

While many might think of this as an impossible endeavor or a very lop-sided trade-off, the Saints of the Church come to our rescue. In every age and century, men and women have embraced the yoke of Christ. Some have done this early in their life, others, much later. None of the saints lived a cushy and cozy life. Each of them suffered in some manner- physically, mentally, financially. We have but to look at a few of the people who are on the path to canonization to realize the truth of knowing suffering, accepting the yoke and living a life that exemplifies discipleship. This week, I invite you to read the stories of Blessed Carlo Acutis, Servant of God Dorothy Day, Venerable Father Augustus Tolton, Servant of God Thea Bowman, Blessed Stanley Rother and Venerable Archbishop Fulton Sheen. Each of these individuals lived a very earthly life and knew suffering and hardships. Despite this, they accepted the yoke of Christ and became models of love and service for us all. Are we ready to shed the hard yoke of the world and accept the easy yoke of Christ?

Praying with you always!
Tracy

Office Closure



The Parish Office will be **CLOSED** this Monday, July 6 in observance of the Fourth of July holiday. We will resume normal office hours on Tuesday, July 7.

Service to Others *Metro Catholic Outreach*



JOIN THE FUN! MCO Office Volunteers Needed

Answering phones, scheduling clients for food boxes, assembling and distributing homeless bags, organizing incoming donations, and greeting clients coming into our office, are just some of the wide ranging duties of our front desk volunteers. The shifts are a fast and quick three hours, morning or afternoon. Volunteer once or twice a month, once a week, or more. We can use any skill level, and we guarantee no two days are ever the same!

Contact us at metrocatholicoutreach@gmail.com if you'd like to find out more about this vital way to serve! We **NEED YOU!**

Current Urgent Needs:

Pantry Needs: Macaroni & Cheese, Hamburger/Tuna Helper Meals, Clean Plastic Grocery Bags

Personal Care Needs: Wheeled Luggage, Toothpaste, Shampoo, Toilet Paper, Soap

Thank You, All Saints!



What an awesome and amazing celebration of life, love and community at All Saints. Thank you to the Parish Life team for envisioning this celebration and for organizing the event. Thank you to everyone who attended - the energy and love for one another and for All Saints was very noticeable!



Creighton Model FertilityCare™ System



Free Introductory Session, Creighton Model FertilityCare™ System.

It can assist women with:

- Infertility or difficulty conceiving
- Achieving or avoiding pregnancy naturally
- Irregular cycles, PMS, and hormonal concerns

Friday 7/10 at 8:15 am at St Joseph

Saturday 7/11 at 9:30 am at Immaculate Conception (basement)

RSVP: nfpguadalupe@gmail.com

Calla's Young at Heart



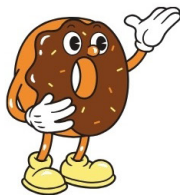
All Saints Young at Heart and St. Ludmila Wisdom Generation will meet on Wed. July 15 at noon for a combined potluck in the St. Ludmila Social Hall. A main dish will be provided. Please bring a side or dessert to share. Coffee, lemonade, and water will be provided. A tour of the St. Ludmila campus will follow the meal. We also welcome members of St. Pius and St. John the Baptist to join us. Enter through the Parish Center from the parking lot.

In future, we will alternate Centers, All Saints will host in August, October, and December, St Ludmila's in September, November and January.

Cedar Rapids East Pastorate Welcome Socials



**AFTER MASS
PIZZA PARTY**
JULY 18 | 5:30PM | PIUS HALL
It's a Pizza Party Welcome!



**AFTER MASS
DONUT
WELCOME SOCIAL**
JULY 19 | 10 AM | PIUS HALL



Eat some cheesy goodness or a sweet treat as we welcome our new priests and new members of St. Pius X and the Cedar Rapids East Pastorate. Enjoy pizza or donuts and coffee, fellowship, and the chance to meet new friends and reconnect with familiar faces.

Everyone is invited-we hope to see you there!

Mass Intentions

Tues. July 7	8:00 am	For the People
Thurs. July 9	8:30 am	For the People
Fri. July 10	8:00 am	For the People
Sat. July 11	4:00 pm	For the People
Sun. July 12	9:00 am	For the People

Scripture Readings

Week of July 5, 2026

Sunday:

Zec 9:9-10/Rom 8:9, 11-13/Mt 11:25-30 (100)

Monday:

Hos 2:16, 17c-18, 21-22/Mt 9:18-26 (383)

Tuesday:

Hos 8:4-7, 11-13/Mt 9:32-38 (384)

Wednesday:

Hos 10:1-3, 7-8, 12/Mt 10:1-7 (385)

Thursday:

Hos 11:1-4, 8e-9/Mt 10:7-15 (386)

Friday:

Hos 14:2-10/Mt 10:16-23 (387)

Saturday:

Is 6:1-8/Mt 10:24-33 (388)

Sunday:

Is 55:10-11/Rom 8:18-23/Mt 13:1-23 or 13:1-9 (103)

Daily Scripture

Reading Reference:

(Includes responsorial Psalms)

<https://bible.usccb.org/daily-bible-reading>

Metro Catholic Outreach Calling All Volunteers



Can you give a couple of hours once or twice per month to help those with food insecurity right here in our city?

Our volunteer shifts only last about two hours, morning or afternoon, Tuesdays, Wednesdays, or Thursdays.

Our pantry volunteers organize incoming donations, check expiration dates, stock shelves, bag up snacks, toiletries, produce, and pack the food boxes.

Our distribution volunteers add the fresh items to the food boxes on the dock, greet our clients as they arrive to pick up their groceries, and help load the cars.

Our volunteers in the office answer the door and phones, schedule clients for their food pick-ups, assemble and distribute the homeless bags, organize clothing donations and other supplies.

We are in need of more volunteers, in the pantry, the distribution dock, and in the office. We promise you will never be bored!

Contact us if you would like a tour and maybe try out a shift to see if it is a cause you would enjoy. You won't regret giving your time to help families in need! 319-739-5490.

All Saints Nights at Green Square Meals



All Saints helps serve dinner at Green Square Meals twice each month on the 2nd Tuesday and 3rd Monday. All volunteers in sixth grade and older are welcome. Use the sign-up link below or contact Bea Rethwisch (319-651-4831 or pbr8675@msn.com).

Sign up at: <https://signup.com/go/vJYiFPm>

Parish Office Hours



- Monday - Thursday - 8:00 am - 4:00 pm
- Friday - 8:00 am - 1:00 pm
- Saturday & Sunday - closed

The parish staff knows that your time is valuable. Please **call** or **email** the staff member you wish to speak with to ensure that they are available.

Let's Tee Off!



“The Locher” Airport National Golf Course Saturday, August 22, 2026

FUNDRAISER

18 Holes – 4 Person Best Shot
Registration at 7:00 a.m.
Shotgun Start at 8:00 a.m.
Lunch & Prizes to Follow
Registration due by August 15, 2025

GOLF FEES:

Foursome - \$320
Single - \$85

SPONSORSHIPS:

Tournament Sponsor: \$2,000
Banquet Sponsor: \$1,500
Scoreboard Sponsor: \$1,500
Competition Sponsor: \$500
Hole Sponsor: \$150

For Registration/Sponsorship, go to:
www.greensquaremeals.org – 2026 Golf Tournament

or Scan the QR code



Scan me!

Ministry Schedule

July 4, 4:00 PM Saturday

Sacristan

Jean Bell

Extraordinary Ministers

Connie Deutmeyer

Joan Fishburn

Tracy Huk

Andrew Lang

Ellen Mouw

Daniel Prentice

Alison Prentice

Altar Servers

Alexandra Lang

Dylan Lang

Caleb Lang

Lectors

Theresa Harker

Kathy Ulrich

Hospitality Ministers

Elie AbouRaad

Sue Bright

Ryan Donnelly

Barb Lindstrom

Mike Votroubek

Theresa Werner

July 5, 9:00 AM Sunday

Sacristan

Tracy Huk

Extraordinary Ministers

Tom Amosson

Cate Biro

Terry Goerd

Mary Jo Goerd

Bill Knapp

Dianne Knapp

John Michael

Altar Servers

Charlie Hamilton

Ben Richards

Evelyn Richards

Lectors

Mick Erdman

Kathy Ulrich

Hospitality Ministers

Jeanne Amosson

Stephanie Guzman

Pete Rethwisch

Bea Rethwisch

Tony Satariano

Ministry Schedule

July 11, 4:00 PM Saturday

Sacristan

Cynthia Gunsolly

Extraordinary Ministers

Connie Deutmeyer

Tracy Huk

Sara Lang

Kourtne Powell

Mike Powell

Peg Schmitz

Becky Weininger

Altar Servers

Kennedy Blue

Emerson Eichhorn

Alexandra Lang

Lectors

Lisa Stephenson

Kathy Ulrich

Hospitality Ministers

Ryan Donnelly

Daniel Greene

Joe Jeffries

Ann Jeffries

Dick Kettelkamp

Tom Takes

July 12, 9:00 AM Sunday

Sacristan

John Michael

Extraordinary Ministers

Brian Conway

Chris Conway

Stephanie Guzman

Stephanie Klappholz

Mike Klappholz

Daniel Prentice

Bea Rethwisch

Altar Servers

Madison McCarville

Rocco Schmidt

Hunter Schmidt

Lectors

Robin Brown

JoAnn Hand

Hospitality Ministers

Jeanne Amosson

Beth Martin

Tyler Martin

Chase Philpott

Maureen Wolf

Dave Wolf

Family Ministry

July 5, 2026 • 14th Sunday in Ordinary Time • Matthew 11:25-30

I Will Give You Rest

Jesus tells his followers about the great love his Father has for all people. He continues his teachings concerning the burdens in life and asks us to allow him to help.

We don't have to have birthed children to know about labor and burdens. Children, of course, are not the burden; however, the financial and emotional cost of raising them sure can be at times. Labor and burdens are a part of every person's life. I think that is Jesus' point. We need to accept this fact meekly and humbly; figure out which burdens are rightly ours, accept his help, and then get on with carrying them.

Picture all your problems on a rickety cart with a "T" shaped wooden yoke attached. Imagine yourself and Jesus putting the yoke on, and pulling the weight together. Heads bent by the wooden bar, you and Jesus are walking in step. You are focusing on his feet and yours. You are breathing in sync—you breathe in and he breathes out.

I remember my Lamaze training before the birth of our last two sons. Focus and breathing were an important part of that process. During those labors my husband was my coach. We breathed and focused together, and the labor was bearable, far easier than my first three experiences.

I also remember the days I take my problems with me to centering prayer. I say a simple prayer and place them in Jesus' and my rickety cart. I sit still, focusing on Christ's presence, slowly breathing in and out. Those are my good days, when my problems are bearable, and I'm even sometimes able to help shoulder someone else's burdens.

FAMILY RESPONSE

Talk about some of the problems the world is facing. Say a prayer together mentioning some of those problems.

PERSONAL RESPONSE

Who do you know that could use some help carrying their burdens? How can you help? What do you want to remember from last week? What are you looking forward to next week? What are your concerns?

Bringing Home the Gospel: Parent Reflections on the Sunday Gospels • Copyright © 2025 Judith Dunlap. Published by the Pastoral Center, PastoralCenter.com. All rights reserved. Scripture passages have been taken from the New Revised Standard Version Bible, copyright ©1989 by the Division of Christian Education of the National Council of the Churches of Christ in the U.S.A., and used by permission. All rights reserved.

Welcome!

WELCOME

Fr. Ken Glaser, Fr. Hung Le,
& Fr. Polycarp Hagan

to the

Cedar Rapids Area East Pastorate!

Our community, and the Archdiocese of Dubuque, is going through many exciting changes. This luncheon will be a wonderful opportunity to meet our priests and for parishioners from across the pastorate to come together to meet one another. While we navigate our new schedules and transitions, it is our prayer that it opens up new opportunities for spiritual growth, a renewal of our ministry and mission, and a renewed connection with the universal in our church.

Please join us for good food and fellowship as we embark on this new adventure together. All are welcome!

Sunday, August 2nd, 2026

11:30 AM - 2:30 PM

All Saints Social Hall

A lunch by Dostal's Catering will be provided. This lunch is organized by our Knights of Columbus Councils. Please use the QR code to RSVP.



Poverty Simulation Event

Poverty Simulation Event

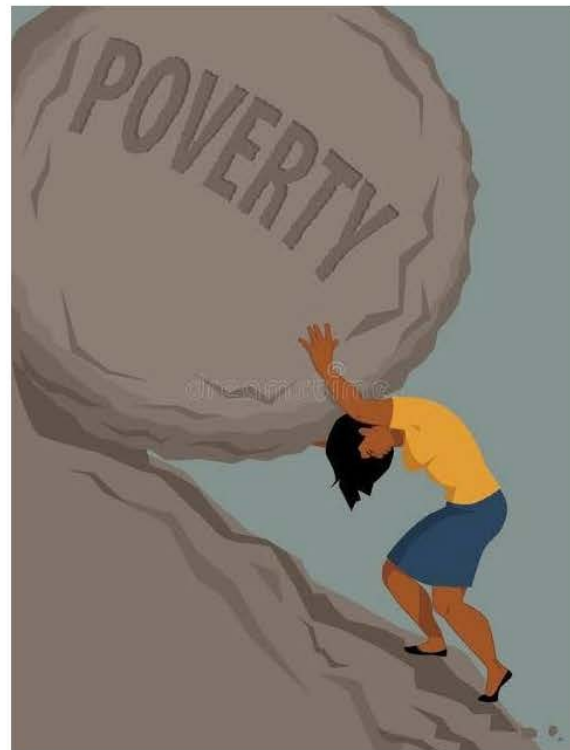
presented by

St. Joseph Church Social Justice Committee

What is Poverty?
How is Poverty defined?
What does Poverty look like?
Would you like to know more?

Join us:

**July 8, 2026
at 6:30 pm in the
St. Joseph Church
Fellowship Hall**



The Social Justice Committee is hosting a Poverty Simulation night to answer those questions. The evening includes a short presentation and an interactive simulation that demonstrates the complexity of daily decisions on a household's ability to stay above the poverty threshold.

"Whatever you did for one of the least of these brothers and sisters of mine, you did for me." — Matthew 25:40

Parish Office (319) 363-6130
Monday-Thursday, 8:00 am - 4:00 pm
Friday, 8:00 am - 1:00 pm

Parish Life Coordinator	Tracy A. Huk	plc@allsaintscr.com	Ext. 111
Sacramental Priest	Rev. Eric Saah	e.saah@dbqarch.org	Ext. 116
Deacon	Mike Klappholz	deaconmike@allsaintscr.com	Ext. 107
Deacon	Ed Martin	deaoned@allsaintscr.com	Ext. 105
Bookkeeper	Jeremy Lutz	bookkeeper@allsaintscr.com	Ext. 108
Medical Emergencies & Funerals	Tracy A. Huk	plc@allsaintscr.com	Ext. 111
Dir. of Music Ministries	Matthew Burrier	music@allsaintscr.com	Ext. 106
Dir. of Adult Formation	Bob Lillibridge	adultformation@allsaintscr.com	Ext. 109
Office Manager	Dan Alpers	officemgr@allsaintscr.com	Ext. 100
IT Director	Ethan Weiland	it@allsaintscr.com	Ext. 104
Scrip Coordinator	Lori Giacinto	scrip@allsaintscr.com	(319) 535-3570

XCS: All Saints School (319) 363-4110

School Principal	Jazz Parlet	jazz.parlet@crxcs.org	Ext. 234
School Office Manager	Elaine Collins	elaine.collins@crxcs.org	Ext. 233
Early Childhood Director	Jenna Ackman	jenna.ackman@crxcs.org	Ext. 275

For a complete listing of Xavier Catholic Schools, go to <https://crxcs.org>



Sacrament Information

Sacrament of Reconciliation: Saturdays at 3:15 p.m.

Sacrament of Baptism: Baptism preparation class is required for parents. Contact Deacon Ed Martin (DeaconEd@allsaintscr.com or 319-364-7524) to schedule a class and date for the baptism (some date restrictions may apply).

Sacrament of Matrimony: Couples are to make arrangements at least six months before the intended date of the wedding in order to fulfill the necessary requirements. Please contact Deacon Mike Klappholz (DeaconMike@allsaintscr.com) to begin the process.

Order of Christian Initiation for Adults (OCIA): To schedule classes, contact Bob Lillibridge, Director of Formation, for more information (adultformation@allsaintscr.com).

Confirmation: For more information, contact Alisa Pfab (alisapfab@hotmail.com).

Anointing of the Sick: Please contact the office at 319-363-6130, ext. 100 to schedule anointings.

Miscellaneous Information

Newcomer Registration: Call the Parish Office at 363-6130, ext. 100, or register on line at <http://www.allsaintscr.com>.

Bulletin Deadline: Items must be submitted electronically to the parish office by Noon on the preceding Monday to: bulletin@allsaintscr.com.

Opportunities for Prayer

Adoration of the Blessed Sacrament: Wednesdays, 8:30 AM to 9:30 AM in the Chapel.

All Saints Prayer Group: Tuesdays at 3:00 PM in the church library.

Prayer Tree: Available to anyone who would like us to pray for their intentions. Please call Darlene Fandel at 319-560-4844.

Women's Prayer Group: Tuesday mornings after 8:00 AM Mass.

M.O.M.S Rosary: 7:30 PM 1st Monday of the month, Queen of All Saints Chapel.

Prolife Rosary: Fridays after 8:00 AM Mass.

Parish Website: You may submit prayer intentions any time at: allsaintscr.com/prayer.

