

ALL SAINTS

CATHOLIC CHURCH & SCHOOL



Love God • Serve Others • Form Disciples



February 14 & February 15, 2026;
6th Sunday in Ordinary Time

For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.
Matthew 5:20

WEEKEND MASS TIMES

Saturday 4:00 pm
Sunday 9:00 am

WEEKDAY MASS TIMES

Tuesday 8:00 am
Ash Wednesday 8:30 am & 5:30 pm
Thursday 8:30 am
Friday 8:00 am

Choose Life or Wither Away



Image: young-catholics.com



allsaintscr.com



@allsaintscatholicchurchinc9029



@AllSaintsCedarRapidsIowa



@allsaintscr

All Saints Catholic Church † 720 29th Street SE † Cedar Rapids, Iowa 52403 † (319) 363-6130

Please Pray for the Following People

(Why people want prayers isn't important, the prayers are!)



Autum & Jaxon Colvin, Brian Jackson, and † Shirley Ruedy.

To add a name call Dan Alpers, at 363-6130, ext. 100. Names will be listed for four weeks and may be renewed. †, Recently deceased will be listed for two weeks.

Stewardship Corner



The Pharisees lived according to the letter of the law, not Stewardship. They used this to elevate themselves above the other people. Jesus is clear – it's the love that you have in your heart, for God and others, that will get you to heaven. Simply following church rules to the letter and not out of love, does not necessarily put you on the path to heaven. Attending Sunday Mass and then gossiping about a fellow parishioner in the parking lot is an example of being a modern-day Pharisee.

Service to Others

Metro Catholic Outreach



MCO Data Report for Parishes: July - December 2025

Total Revenue: \$364,123

- Food Pantry Expense: \$69,709
- Total Financial Assistance: \$36,580
- Total Pounds of Food Donated to MCO: 145,745
 - All Saints: 4,257
- Total Volunteer Hours Worked: 4,808
 - All Saints: 334
- Bins (boxes) of food distributed: 5,128
- Homeless bags distributed: 5,190
- School bags distributed (# of bags recorded September - December 2025): 520

“What I’ll Do For Others...” Mural



This Lenten season, we invite everyone to contribute to our “What I’ll Do for Others During Lent” mural.

It's easy!

In the Narthex, you'll find a basket containing paper clouds, flowers, and 'sod'. Take one and use the provided sharpies to write on it what you'll do for others during the Lenten season. Place it into the basket marked, 'completed'.



Thank you!

Everyday Metanoia



Welcome to the 6th Sunday in Ordinary Time. This is a very meaning filled set of readings as we prepare to leave Ordinary Time and enter into Lent next week. It also gives us ideas to ponder during Lent as we continue our Journey in Faith. What struck me first is that each reading builds upon the last.

Like the game of poker, after we see the hand we are dealt, the Old Testament reading from Sirach asks if we wish to participate in this round; this moment; this life. Free will is not just a one-time gift. With each day and with each situation, we are offered anew the opportunity to say yes or to say no to what God has revealed. “He has set before you fire and water. To whichever you choose, stretch forth your hand. Before [each of us] are life and death, good and evil, whichever [we] choose shall be given to [us].” The book of Sirach identifies the commandments as the foundation that will form and guide our lives if we choose to keep them as an anchor. Just like we might roll our eyes when our teenagers complain that we could never understand what they are going through; God, too, knows and understands us. He humbled Himself and became man so that He could “understand [our] every deed.”

The response for Psalm 119 is, “Blessed are they who follow the law of the Lord” and mirrors the words from Sirach. Paul ups the ante, though. He challenges the Corinthians to become mature Christians; to move from childish following the letter of the Law to understanding and living the Law in a new way that has been made possible through the death and Resurrection of Jesus Christ and the gift of the Holy Spirit. Through the Spirit, God has revealed meaning and depth to the Law that was not known in previous ages. It was always there, but with the Holy Spirit, Paul and the disciples are now able to “speak a wisdom to those who are mature, not a wisdom of this age...” With our Journey in Faith, we pray, “Come Holy Spirit.” Throughout history, kingdoms, countries, cities, and parishes have come and gone. We grieve the loss and many times those losses come with a terrible human price. Nothing is beyond God’s saving grace, though. With the Holy Spirit those endings can be gloriously transformed into new beginnings full of opportunity. We have but to reply, “Yes, Lord here I am. I have come to do your will.” Paul speaks of God’s wisdom as often mysterious and hidden. Assenting to God’s will through the grace of the Holy Spirit reveals “what eye has not seen, and ear has not heard, and what has not entered the human heart, [that which] God has prepared for those who love him...”

And it is love, love of God and love of neighbor, that Jesus uses to reveal the fullest potential and meaning of the Law. “Do not think that I have come to abolish the law or the prophets. I have come not to abolish but to fulfill.” Through the teachings and life of Jesus, God reveals a higher interpretation contained within the law that will lead to the Kingdom of God imperfectly visible here on earth. In their commentary on Matthew, Curtis Mitch and Edward Sri elaborate, “Jesus’ teaching calls for a ‘radical interiorization, a total obedience to God, a complete self-giving to neighbor that carries the ethical thrust of the law to its God-willed conclusion’...It requires much more than external conformity...it calls [us] to a wholehearted trust and obedience toward the heavenly Father that radiates God’s love to the whole world.”

As we enter into Lent we would be good to use these weeks as an opportunity to examine our lives, our minds, our habits and our hearts. Where could we ask for God’s grace to be more obedient and self-giving so as to be light and salt to the world? Lumen Gentium, the Dogmatic Constitution on the Church, from Vatican II states in chapter 5: “God is love, and he who abides in love, abides in God and God in Him. But, God pours out his love into our hearts through the Holy Spirit, Who has been given to us; thus the first and most necessary gift is love, by which we love God above all things and our neighbor because of God. Indeed, in order that love, as good seed may grow and bring forth fruit in the soul, each one of the faithful must willingly hear the Word of God and accept His Will, and must complete what God has begun by their own actions with the help of God’s grace. These actions consist in the use of the sacraments and in a special way the Eucharist, frequent participation in the sacred action of the Liturgy, application of oneself to prayer, [denial of self], lively fraternal service and the constant exercise of all the virtues. For charity, as the bond of perfection and the fullness of the law, rules over all the means of attaining holiness and gives life to these same means. It is charity which guides us to our final end. It is the love of God and the love of one’s neighbor which points out the true disciple of Christ.”

When we pursue this for Lent, our whole being will be ready to bear fruit no matter where the Journey in Faith leads us. Lumen Gentium identifies the Eucharist, frequent participation in the liturgy, charity, prayer and community as those activities that grow our holiness. Let’s strengthen our relationship with God and neighbor and bring a renewed commitment to whatever the Holy Spirit reveals when the Pastorates are announced, Love of God, love of neighbor. Here I am Lord. I have come to do your will. May God bless your prayer time this week! Come Holy Spirit!

Praying with you always,
Tracy Huk, Parish Life Coordinator

City Wide Young Adult Men's Group



CRCATHOLIC IS CEDAR RAPIDS' COMMUNITY OF YOUNG ADULT (18-39) CATHOLICS STRIVING TO GROW CLOSER TO CHRIST TOGETHER, AND TO BRING OTHERS TO HIM.

We help to cultivate a city-wide community, share events happening in the area for Young Adult Catholics, create small groups to grow with, and help Young Adult Catholics dive into their faith & relationship with Christ.



Scan To Join!



visit <https://sites.google.com/view/crcatholic/> or email crcatholics@gmail.com for more info

CITY WIDE YOUNG ADULT MEN'S GROUP

"Iron Sharpens Iron"

Join Other Young Adult Men As They Strive To Grow In Virtue And Holiness

Food and Drinks Provided

When

Every 4th Monday

6:30pm - 8pm

Conference Room @ St. Matthew's

Who

Ages 18 - 39

Contact

Graham Mobley

515-571-5505 | grahammobley720@gmail.com

Time for Another Blood Drive!



PUT GOOD INTO THE WORLD

BLOOD DRIVE



ALL SAINTS CATHOLIC CHURCH

Saturday, February 21

8:30 am - 12:00 pm

Lower Level - 720 29th Street SE

To book an appointment, scan the QR code.

You may also contact Dennis Mullarkey at (319) 350-3776 or at larks3150@gmail.com.



Last Date to Donate Elsewhere: 12/27/25 Group Code: 1879

All Saints Catholic Church † 720 29th Street SE † Cedar Rapids, Iowa 52403 † (319) 363-6130

Journey in Faith UPDATE



Dear Sisters and Brothers in Christ,

Thank you for being part of our Journey in Faith. Over the past year, thousands of you have prayerfully shared your thoughts, hopes, and dreams for the future of our Church in the Archdiocese of Dubuque. This process has truly been guided by the Holy Spirit and enriched by your deep love for your parishes and for the mission of the Church.

After months of listening, gathering feedback, and discernment, I am pleased to share that the Journey in Faith Core Team has now developed the first version of a final pastorate plan. It reflects significant changes shaped directly by your feedback and that of your pastors. In fact, not a single pastorate from the earlier models (A, B, or C) made it into this new version—an encouraging sign of how seriously your voices have been heard. In some cases entirely new models were given and in others the parishes were grouped like a previous model, but there were changes in Mass locations or the number of Masses. I am grateful for the careful and thoughtful work the Core Team has done in creating a recommendation that best represents the feedback we received.

The Archdiocesan Planning Commission reviewed this first version of the final pastorate plan this January, and the priests will review it in early February. Based on their feedback, we will continue to refine the plan prayerfully and collaboratively in the months that follow. This next phase represents the right work at the right time in the right way, working together to ensure vibrant, sustainable communities of faith across our Archdiocese.

As we prepare for the next steps, I also want to highlight the ongoing Journey in Faith Prep Series, which is being sent weekly to priests and parish staff. These important resources are helping the parishes prepare for tasks and processes prior to the announcements this spring.

I know that change can bring both hope and heartache. New beginnings stir excitement for what God is making possible, yet they also can awaken a sense of loss for what is familiar. Both experiences are natural and part of our shared journey. The Holy Spirit is guiding us toward renewal. Together, we are discerning how to bring the light of Christ more fully into our parishes and communities.

To stay informed and connected, please visit dbqjourneyinfaith.org, where you will find helpful updates, accurate information, and resources for ongoing engagement.

Thank you again for your faith, your trust, and your willingness to embrace this journey. I am filled with great hope for the Church in northeast Iowa and for what God is doing among us.

Walking with you on this Journey in Faith,

Archbishop Thomas Zinkula

Young at Heart



Come join All Saints' Church members for the Young at Heart Luncheon on Wednesday, February 18 at noon in the Social Hall. The speaker this month is Steve Schmitz. Steve will bring us up to date on our Sister Parish in Haiti. Come and join us for a Meal and fellowship! All Saints members over 50 are welcome to come each month. There is no cost for lunch. Remember if school is cancelled, the YAH luncheon will also be cancelled.

Iowa Catholic Youth Conference Weekend

Registration is Now Open!



Registration is now open for two amazing events for the pre-teens and teens of Eastern Iowa.

- EPIC for High School teens - Saturday, March 21, 2026, 5:30 PM - 9:00 PM. Cost is \$25.
- ICYC for Middle School youth - Sunday, March 22, 2025, 10:00 AM - 4:00 PM. Cost is \$50. (Prices increase on March 1.)



Both events are held at St. Ludmila Church, Cedar Rapids and feature Scally Brothers! If you are not able to form a parish group to attend, families can register on their own for the events. For more information, go to www.dbqarch.org/icyc.

Immigration Legal Updates



With the high frequency of immigration policy changes, it can be difficult to stay informed on the complexities and impacts of the United States' immigration system. We encourage you to visit CatholicCharitiesDubuq to review the January 2026 updates.

Our Immigration Legal Services program offers legal advice and representation in the following areas of FAMILY-BASED immigration law:

Adjustment of Status (Green Card) | Asylum | Citizenship | Consular Processing | Deferred Action for Childhood Arrivals (DACA) | Employment Authorization | Family Reunification | Freedom of Information Act (FOIA) | Removal defense (limited) | Special Immigrant Juvenile | Temporary Protected Status | U 'crime victim' visa and T 'trafficking' visa | Violence Against Women Act (VAWA) self-petitions

For more information, please call 319.364.7121 or visit CatholicCharit.

Shannon's Story of Hope: Mental Health Counseling



Shannon's Story of Hope: Mental Health Counseling

"I would tell the person I was ten years ago that...it gets better...because for so long, I just didn't think that was possible."

Watch Shannon's story on our YouTube channel

<https://youtu.be/MuzVKTtj2Q8?si=LLQZocS93QAYajri>

Money Stress is Real...



Money stress is real...and you don't have to handle it alone.

Catholic Charities offers free, confidential financial counseling classes to help you get back on track.

Whether you're feeling overwhelmed or just need guidance, we're here to help. For more information, call 319-340-4303

or [CLICK HERE](#) 



Come Adore With Us!



The Benedictine Sisters of Perpetual Adoration invite single Catholic women, ages 18-40, who are curious about religious life, to their Monastic Experience February 27-March 1, at their monastery in Clyde, Missouri.

It's a chance to experience the daily rhythm of monastic life where participants can join the Sisters in praying the Divine Office, daily Mass and Eucharistic Adoration, as well as experiencing Lectio Divina (praying with Scripture) and gaining wisdom from the Benedictine tradition.

There is no cost to attend, and more details are available at www.benedictinesisters.org - Vocations - Events, including additional dates for 2026. To register, please contact Sister Nancy Rose at (660) 944-2221 ext. 142 or vocation@benedictinesisters.org or complete the form at <https://bit.ly/4skj3Xa>

Theology on Tap



All 21-39 year olds are invited to join us at Parlor City on February 19th to hear Michele Gelaude on "Prayer, Fasting, Almsgiving: St. Francis Xavier". Social Hour begins at 6pm and Speaker begins at 7pm. First drink is on us! Check out [facebook.com/CRTtoT](https://www.facebook.com/CRTtoT) for more information.

Fish Fry Dates!



EVERY FRIDAY DURING LENT
5:00-7:30PM
CALL AHEAD | DINE IN | DRIVE THROUGH

2026 FISH FRY DATES

FEBRUARY 20	MARCH 20
FEBRUARY 27	MARCH 27
MARCH 6	APRIL 3
MARCH 13	

www.stpatrickscr.org/fish-fry



Italy Pilgrimage Invitation to Iowa Knights of Columbus



Invitation to Spouses and Widows of Former Knights: Note that there is still room to come along November 2-12, 2026, to some of the most sacred and beautiful sites in all of Europe! We'll visit great places like Venice, Padua, Florence, Assisi, Rome and so much more! Our time in Rome will include a Papal Audience with Pope Leo XIV! We'll have Mass daily in great Churches and Cathedrals along the way. This pilgrimage is for Knights of Columbus from around the State of Iowa, spouses and widows of former members, and is being organized by Fr. Dan Guenther, the State of Iowa Chaplain for the Knights of Columbus. Cost for the trip is \$4,599 with departure from either Des Moines or Omaha, while seats are available. For a brochure and more information, contact Fr. Dan Guenther, 276 Country Club Drive, Lake Park, Iowa 51347 or call 712-899-6870 or email frdanguenther@gmail.com

The Forge Conference 2026



The FORGE Conference 2026 is an event for any man looking to succeed against the threats of the modern world. This landmark event will empower current and future fathers to flourish in their day-to-day lives. Come to Des Moines for world-class speakers, deep formation, sacramental grace, and brotherhood with 1000+ other men! Happening at the Iowa Events Center, Des Moines. Open to males age 16 and older. Registration is required. [Sign up HERE!](#)

Ash Wednesday Masses in Our Community



Ash Wednesday

Everyone between the ages of 18 and 59 is bound to fast. Everyone 14 years of age or over is bound to abstain from consuming meat.

- **All Saints:** (8:30 am School), 5:30 pm
- **Immaculate Conception:** 12:05 pm, (6:30 pm bilingual)
- **St. Elizabeth Ann Seton:** 12:15 pm, 5:30 pm, (7 pm Ash)
- **St. John XXIII:** 8:00 am, 5:30 pm
- **St. Joseph:** (7:00 am Ash), (8:15 am School), 12:15 pm, 6:30 pm
- **St. Jude:** 7:00 am, (10:00 am School), 6:30 pm
- **St. Ludmila:** 8:00 am, (12:00 noon Ash), 6:00 pm
- **St. Matthew:** (8:45 am School), 12:00 noon, 5:30 pm
- **St. Patrick:** 8:30 am, 12:05 pm, 6:00 pm
- **St. Pius X:** 6:30 am, (9:00 am School), (12:15 pm Ash), 5:30 pm
- **St. Wenceslaus:** (7:30 am Ash)
- **MMU Chapel:** 11:00 am

Fasting: 1 full meal and no more than 2 meals that don't add up to the 1 full meal
(Ash) = Word & Ash, No Mass | Mass encouraged, but not an obligation

Soup Supper for Seminarians and Religious



On Saturday, January 31, 2026, Catholic Daughters Court #1768 sponsored a Soup Supper Fundraiser to benefit Seminarians and Religious from parishes in the Cedar Rapids Deanery (no matter where they are studying) and the Seminarians that will be assisting at our parishes through May 2026. Funds raised will also benefit the Archdiocese of Dubuque Seminarian Education Fund.

If you were not able to attend the event BUT would still like to help out our youth, there is still time to make a donation!

1. Cash and checks are accepted. Checks should be made payable to **“CDA #1768”**
2. Put your donation in an envelope clearly marked: **“Soup Supper Fundraiser”**
3. Place the clearly marked envelope in the collection basket at either **St. Wenceslaus or Immaculate Conception.**
4. OR mail your donation check to **St. Wenceslaus, 1224 5th St. SE, Cedar Rapids, IA 52401**

Please do not put cash in the mail.

Thank you for your support!

If you have any questions, please feel free to contact us.

Pat Semelroth (319) 721-9730; se_me@live.com

Roberta Peters (319) 431-2222; chrisnbert94@gmail.com

Mass Intentions

Tues. Feb. 17	8:00 am
†	Benedict Family
Wed. Feb. 18	8:30 am
	For the People
Wed. Feb. 18	5:30 pm
	For the People
Thurs. Feb. 19	8:30 am
†	David Schulte
Fri. Feb. 20	8:00 am
†	John Thraen
Sat. Feb. 21	4:00 pm
†	Charles Vermeersch
Sun. Feb. 22	9:00 am
	For the People

Scripture Readings

Week of February 15, 2026

Sunday:

Sir 15:15-20/1 Cor 2:6-10/Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37 (76)

Monday:

Jas 1:1-11/Mk 8:11-13 (335)

Tuesday:

Jas 1:12-18/Mk 8:14-21 (336)

Wednesday:

Jl 2:12-18/2 Cor 5:20-6:2/Mt 6:1-6, 16-18 (219)

Thursday:

Dt 30:15-20/Lk 9:22-25 (220)

Friday:

Is 58:1-9a/Mt 9:14-15 (221)

Saturday:

Is 58:9b-14/Lk 5:27-32 (222)

Sunday:

Gn 2:7-9; 3:1-7/Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11 (22)

Metro Catholic Outreach

Calling All Volunteers



Can you give a couple of hours once or twice per month to help those with food insecurity right here in our city?

Our volunteer shifts only last about two hours, morning or afternoon, Tuesdays, Wednesdays, or Thursdays.

Our pantry volunteers organize incoming donations, check expiration dates, stock shelves, bag up snacks, toiletries, produce, and pack the food boxes.

Our distribution volunteers add the fresh items to the food boxes on the dock, greet our clients as they arrive to pick up their groceries, and help load the cars.

Our volunteers in the office answer the door and phones, schedule clients for their food pick-ups, assemble and distribute the homeless bags, organize clothing donations and other supplies.

We are in need of more volunteers, in the pantry, the distribution dock, and in the office. We promise you will never be bored!

Contact us if you would like a tour and maybe try out a shift to see if it is a cause you would enjoy. You won't regret giving your time to help families in need! 319-739-5490.

All Saints Nights at Green Square Meals



All Saints helps serve dinner at Green Square Meals twice each month on the 2nd Tuesday and 3rd Monday. All volunteers in sixth grade and older are welcome. Use the sign-up link below or contact Bea Rethwisch (319-651-4831 or pbr8675@msn.com).

Sign up at: <https://signup.com/go/vJYiFPm>

Parish Office Hours



- Monday - Friday - 8:00 am - 4:00 pm
- Saturday & Sunday - closed

The parish staff knows that your time is valuable. Please **call** or **email** the staff member you wish to speak with to ensure that they are available.

Bruins Beat

What's Happening at All Saints Elementary

February 18-Ash Wednesday Mass-8:30 a.m. (no Thursday school Mass)

February 27-No school or preschool ELC/Bruins Care is open.

March 10 & 12-Conferences

March 13-20-Spring Break-No school or preschool. ELC/Bruins Care is open.

Email Scam Alert

We want to make you aware of a recent email scam that may have reached some members of our community. A scammer gained access to Katie Hamilton's (school counselor at Xavier HS) email address book and has been sending fraudulent emails that appear to come from her. These messages typically indicate that she is sharing a document and include a link.

If you receive an email from Katie Hamilton today asking you to view or click on a shared document (OR IF YOU SEE A SIMILAR, AMBIGUOUS EMAIL COME FROM AN XCS TEACHER/STAFF MEMBER):

1. Do NOT click on the document link.
2. Delete the email immediately.

If the link is clicked, it may attempt to send the same fraudulent message to all of the contacts in your Gmail/Google address book. Unfortunately, scams like this have become increasingly sophisticated, and we appreciate your vigilance. This appears to be affecting Google/Gmail users only.

If You Clicked on the Shared Document Link

Please take the following steps immediately:

1. Reset your Google password right away.
2. Go to myaccount.google.com | Click on Security & Sign-in | Review the "Recent sign-ins" section. If you see any suspicious activity, click on the login and select "No, secure account."
3. Open your Gmail settings and check Filters and Blocked Addresses to ensure no unfamiliar filters have been added (for example, filters that send password reset emails directly to Trash).
4. Monitor any accounts where you have saved passwords in Chrome and update those passwords if needed.

Thank you for your attention to this matter and for helping us keep our community secure!

Xavier Catholic Schools are Hiring!

Xavier Catholic Schools are hiring for lots and lots of unique and rewarding positions. Visit <https://crxcs.org/employment> to apply!



www.allsaints-crschool.org



Ministry Schedule

February 14, 4:00 PM Saturday

Sacristan

Tracy Huk

Extraordinary Ministers

Jean Bell

Mike Powell

Kourtne Powell

Daniel Prentice

Alison Prentice

Ellen Mouw

Becky Weininger

Altar Servers

Kennedy Blue

Bo Dittmar

Tucker McGee

Lectors

Theresa Harker

Kathy Ulrich

Hospitality Ministers

Sue Bright

Chris Colby

Jen Colby

Dick Kettelkamp

Mike Votroubek

Theresa Werner

February 15, 9:00 AM Sunday

Sacristan

Cate Biro

Extraordinary Ministers

Tom Amosson

Bob Helgens

Tracy Huk

Bea Rethwisch

Ellen Mouw

Dennis Mullarkey

Gregory O'Connell

Altar Servers

Paige Ainsworth

Charlie Hamilton

Charles Schmitt

Lectors

Mary Beth Helgens

Loesje Shema

Hospitality Ministers

Jeanne Amosson

Tyler Martin

Beth Martin

Eric Schmitt

Maureen Wolf

Dave Wolf

Ministry Schedule

February 18, 5:30 PM Saturday

Ash Wednesday

Sacristan

Cynthia Gunsolly

Extraordinary Ministers

Tracy Huk

Nicole Johnson

Bill Knapp

Dianne Knapp

Andrew Lang

Bea Rethwisch

Peg Schmitz

Altar Servers

Caleb Lang

Alexandra Lang

Madison McCarville

Lectors

Lynn Holverson

Joe Jiacinto

Hospitality Ministers

Jeanne Amosson

Chris Colby

Jen Colby

Maureen Dale Ernst

John Ernst

Theresa Werner

Family Ministry

February 15, 2026 • 6th Sunday in Ordinary Time • Matthew 5:17-37

Beyond the Law

Jesus begins by telling us he has not come to abolish the Law but to fulfill it. The Ten Commandments are still the backbone of our faith. Indeed "...whoever does them and teaches them will be called great in the kingdom of heaven." But in this Gospel, Jesus begins to put some flesh on those bones. It is not enough to follow the letter of the Law. Jesus' followers are called to do more.

In the first part of this reading Jesus seems to offer parents a freeway to the kingdom. It would seem the kingdom is ours if we live by the Ten Commandments and teach our children to do the same. However, as the reading goes on, Jesus tells us that his followers are challenged to do even more.

To be Jesus' followers, we are to live beyond the letter of the law. For example, it is not enough to say we won't hurt anyone physically (the fifth commandment). Jesus tells us we are not to hurt anyone emotionally either. We must curb our anger. We shouldn't insult others, and we certainly don't call them names. Finally, if we have hurt someone, we offer a sincere apology and try to make amends.

This is definitely a lesson we teach our children by example. All parents lose their tempers occasionally. Regrettably, when I was raising my children, it was more than occasionally. Fortunately, I learned the importance of saying I was sorry once things had calmed down; and to say it with more than words. I would try to take their hand or sit close to them making sure to look them in the eyes. I would tell them I was wrong, not in the dispute perhaps, but in the way I'd handled it.

As time went on, I learned that by making myself admit I was wrong (something not easy for me to do) I became more aware of what triggered my temper. I learned to walk out of the room before exploding. And because I was modeling the behavior, it was easier for me to make sure my children did the same. Teaching children to admit they are wrong and say they are sorry to a sibling certainly bring us, and them, a little closer to the kingdom.

FAMILY RESPONSE

Ask each person to talk about the things that make them angry. Talk about how they feel when someone tells them they are sorry. Ask younger children to show you their happy faces and then their angry faces.

PERSONAL RESPONSE

If losing your temper is a problem, try to figure out the root cause of your anger. There are usually other issues behind a quick temper. If you do not have "anger issues," write a prayer for those who do. What do you want to remember from last week? What are you looking forward to next week? What are your concerns?

Bringing Home the Gospel: Parent Reflections on the Sunday Gospels • Copyright © 2025 Judith Dunlap. Published by the Pastoral Center, PastoralCenter.com. All rights reserved. Scripture passages have been taken from the New Revised Standard Version Bible, copyright ©1989 by the Division of Christian Education of the National Council of the Churches of Christ in the U.S.A., and used by permission. All rights reserved.

Upcoming Take Away Hunger Packing Event



Come join in the fun and help package macaroni and cheese meals that will be delivered to MCO! The Take Away Hunger Packaging Event will be held on Sunday, February 22, after the 9:00 a.m. Mass. Please use the sign-up link to volunteer.

<https://www.signupgenius.com/go/30EOB4AADA82EAAFDO-62043310-take>

Catholic Evangelization Outreach (CEO)



I Matter to God

Alex spent much of his life assuming you could not be Catholic, same-sex attracted, and happy. But when he had a transformative encounter with God while attempting suicide at age 13 following years of bullying, he returned to faith.



Where: St. Matthew Catholic Church
2310 1st Ave NE, Cedar Rapids, IA 52402

When: Monday, February 16, 2026

Time: 6:30 - 8:00 PM

Pizza will be served. Childcare is not available. There is no charge and all are welcome. Please scan QR code for live stream.

CRCEO.ORG



Ministry Schedule

February 21, 4:00 PM Saturday

Sacristan

Mary Pat Wilkinson

Extraordinary Ministers

Connie Deutmeyer

Ellen Mouw

Joan Murrin

Daniel Prentice

Alison Prentice

Stephen Schmitz

Becky Weininger

Altar Servers

Zachary Prentice

Megan Talyat

Lindsey Talyat

Lectors

Theresa Harker

Lisa Stephenson

Hospitality Ministers

Elie AbouRaad

Daniel Greene

Dick Kettelkamp

Barb Lindstrom

Brian Talyat

Lauri Talyat

February 22, 9:00 AM Sunday

Sacristan

Cate Biro

Extraordinary Ministers

Joseph Cataldo

Brian Conway

Chris Conway

Terry Goerd

Mary Jo Goerd

John Michael

Bea Rethwisch

Altar Servers

Kendra Beeler

Lewis Benfield

Cayden Suby

Lectors

David Shema

Loesje Shema

Hospitality Ministers

Maureen Dale Ernst

John Ernst

Tony Satariano

Diane Weimer

Maureen Wolf

Dave Wolf



Providing Help. Creating Hope. Serving All.

Dear Brothers and Sisters in Christ,

Across Northeast Iowa, many of our neighbors are facing profound hardship as they strive to keep their families safe, housed, and fed. In a world that too often overlooks their struggles, they carry heavy burdens and quietly seek reassurance that they are not alone. This reality places an important question before us: How will our generosity help lift up our brothers and sisters in Christ who face these challenges each day?

For generations, Catholic Charities has faithfully answered that call. Rooted in the principles of Catholic Social Teaching, its dedicated staff and volunteers offer consistent, compassionate care that upholds human dignity and strengthens families. In moments of uncertainty and crisis, Catholic Charities is a trusted presence that offers stability, hope, and a path forward.

Because of the generosity of donors like you, Catholic Charities of the Archdiocese of Dubuque served more than 26,000 individuals across Northeast Iowa last year alone. Each number represents a person, a family, a story of need met with mercy. Yet the need continues. Many still seek assistance, stability, and encouragement. I invite you to walk with us in faith as we continue this sacred work together.

Our Holy Father, Pope Leo XIV, reminds us in his Apostolic Exhortation, "Dilexi te," that Christ is present in those who are poor and suffering: "On the wounded faces of the poor, we see the suffering of the innocent and, therefore, the suffering of Christ Himself." By walking alongside those in need with compassion, we answer this call. We bear witness to the enduring power of hope and affirm the God-given dignity of every person.

May the Holy Spirit guide and sustain us in this mission of charity and justice. I am deeply grateful for your generosity, your prayers, and your steadfast commitment to serving our brothers and sisters who are so precious to Christ. Together, may we continue to be instruments of His love and mercy in our Archdiocese.



With prayerful gratitude,

+ *Thomas R. Zinkula*

Most Rev. Thomas R. Zinkula
Archbishop of Dubuque

To make your gift, please mail the form below to

Catholic Charities of the Archdiocese of Dubuque
1229 Mount Loretta Avenue, Dubuque, Iowa 52003

CCAPPE

I would like to support the local ministry of Catholic Charities!

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Parish: _____



Scan the QR code to give securely online at CatholicCharitiesDubuque.org/donate or call 563.588.0558 for assistance



Catholic Charities

Archdiocese of Dubuque

Providing Help. Creating Hope.

My gift is: \$ _____ . _____
(Checks payable to Catholic Charities)

Your support at any level makes a difference in the lives of your neighbors across Northeast Iowa. Thank you!

All Saints Catholic Church † 720 29th Street SE † Cedar Rapids, Iowa 52403 † (319) 363-6130



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The mission of Catholic Charities is to reduce poverty, strengthen families, and empower communities in the 30 most Northeast counties of Iowa.

OUR SERVICES INCLUDE:

Affordable Housing • Mental Health Counseling
Immigration Legal Services • Jail & Prison Reentry Services
Case Management Services • Supportive Pregnancy Services

“Your help was both inspiring and hopeful. One thing I know for sure, is that I am not a quitter, but sometimes I need more help than I want to admit. Your kindness will stay with me for a long time.”

“I am deeply grateful for your generous assistance during my hardship. Your kindness has made a real difference, and I am relieved to have found real help. Thank you again!”



“My life has been in shambles the last couple months and I wasn't sure how I was going to make it through, but with your help there's a little bit of hope! Thank you from the bottom of my heart!”

“Catholic Charities feels like home when home is so far away. The world feels uncertain, but they work hard here to help me with my (immigration) case.”

For more information on making a gift of securities, making a qualified charitable distribution (QCD) from your IRA, setting up a monthly recurring donation, or planned giving opportunities, please visit www.CatholicCharitiesDubuque.org or call us at 563-588-0558.

Mailing Address:
Catholic Charities
1229 Mt Loretta Ave.
Dubuque, Iowa 52003

The Gospel at Home

This Week's Gospel: Matthew 5:17-37

The Law of Moses contains 613 laws. Some of these laws are simple, basic, you-shall or you-shall-not commands, of which the Ten Commandments are typical. Some of these laws govern worship. A good many of the 613 laws are what-if laws that apply the Commandments to everyday life. In the Gospel, Jesus' New Law asks people to deepen their keeping of the laws and to follow his new Law of Love.

Exploring the Gospel Message

Seeds (Preschool): Rules give children a way to know they belong. They experience rules by being members of a family and a class that keep the same rules they do. Talk about family rules with your child. Share why the rules are important for everyone. Be sure to pray the Our Father, which was part of this week's lesson.

Promise (Grades K-1): The class learned how families keep rules. Ask your child what Jesus' Law of Love is. Your child learned how God's family keeps rules, so talk about your family's rules and how they help. The Word of the Week is the Ten Commandments, so consider listing those important rules in a prominent place in your home.

Good News (Grades 2-3): This week, your child learned to recognize good moral actions. Your child also learned what the Ten Commandments and Christian morality are and how they help all to do what is right. Talk about how Jesus' teaching deepens the Commandments, and how the rules you have in your family help all of you make right decisions and care for one another.

Venture (Grades 4-6): Your young person learned that there is a similarity between the Ten Commandments and the rules every family

needs to live by. The class read a story of a middle schooler who went against his conscience to fit in with the popular crowd. Invite your young person to summarize the story for the family, and affirm that it is important to listen to your conscience when making decisions. Talk about how you can apply Jesus' Law of Love to the arguments and conflicts your family might have. Take a few moments to ask one another's forgiveness for hurtful words or actions. When you finish your conversation, you may want to share a sign of peace, like you do at Sunday Mass.

Visions (Grades 7-9): This week's class began with a look at the Ten Commandments. Your youngster also explored ways to manage feelings of anger and ways to seek forgiveness. Invite him or her to share the story "Anh's Anger" with the family. Talk together about Jesus' new Law of Love and how important it is for a Christian to show love for God by loving one's neighbor as well. Discuss the importance of following moral laws and how these laws help people show love for one another. Talk, too, about how Saint Paul's letter to the Corinthians continues to help Christians today.

Awaken (Teens/Adults): Discover a new level of spiritual growth for parents with *Awaken*, the new adult level of the *Pflaum Gospel Weeklies*, developed to deepen your faith journey alongside your children. Scan the QR code to learn more.

Pray Together

Plan a special treat for the whole family. Before you share the treat together, share words of love and appreciation with one another. Then, ask God to bless your family with the gift of enduring love. Enjoy the treat, then hold hands and thank God in a prayer for all he has given and done to bless your family.



Parish Office (319) 363-6130

Monday-Friday, 8:00 am - 4:00 pm

Parish Life Coordinator	Tracy A. Huk	plc@allsaintscr.com	Ext. 111
Sacramental Priest	Rev. Eric Saah	e.saah@dbqarch.org	Ext. 116
Deacon	Mike Klappholz	deaconmike@allsaintscr.com	Ext. 107
Deacon	Ed Martin	deaoned@allsaintscr.com	Ext. 105
Bookkeeper	Jeremy Lutz	bookkeeper@allsaintscr.com	Ext. 108
Medical Emergencies & Funerals	Tracy A. Huk	plc@allsaintscr.com	Ext. 111
Dir. of Music Ministries	Matthew Burrier	music@allsaintscr.com	Ext. 106
Dir. of Adult Formation	Bob Lillibridge	adultformation@allsaintscr.com	Ext. 109
Dir. of Children's Formation	Stacy Cataldo	catechesis@allsaintscr.com	Ext. 114
Office Manager	Dan Alpers	officemgr@allsaintscr.com	Ext. 100
IT Director	Ethan Weiland	it@allsaintscr.com	Ext. 104
Scrip Coordinator	Lori Giacinto	scrip@allsaintscr.com	(319) 535-3570

XCS: All Saints School (319) 363-4110

School Principal	Kelly Starr	kelly.starr@crxcs.org	Ext. 234
School Office Manager	Elaine Collins	elaine.collins@crxcs.org	Ext. 233
Early Childhood Director	Jenna Ackman	jenna.ackman@crxcs.org	Ext. 275

For a complete listing of Xavier Catholic Schools, go to <https://crxcs.org>



Sacrament Information

Sacrament of Reconciliation: Saturdays at 3:15 p.m.

Sacrament of Baptism: Baptism preparation class is required for parents. Contact Deacon Ed Martin (DeaconEd@allsaintscr.com or 319-364-7524) to schedule a class and date for the baptism (some date restrictions may apply).

Sacrament of Matrimony: Couples are to make arrangements at least six months before the intended date of the wedding in order to fulfill the necessary requirements. Please contact Deacon Mike Klappholz (DeaconMike@allsaintscr.com) to begin the process.

Order of Christian Initiation for Adults (OCIA): To schedule classes, contact Bob Lillibridge, Director of Formation, for more information (adultformation@allsaintscr.com).

Confirmation: Classes have begun. For more information, contact Alisa Pfab (alisapfab@hotmail.com).

First Reconciliation & Eucharist: Second graders combine home study and retreats to prepare for these sacraments. Contact Stacy Cataldo, Director of Catechesis, for more information (catechesis@allsaintscr.com).

Anointing of the Sick: Please contact the office at 319-363-6130, ext. 100 to schedule anointings.

Miscellaneous Information

Newcomer Registration: Call the Parish Office at 363-6130, ext. 100, or register on line at <http://www.allsaintscr.com>.

Bulletin Deadline: Items must be submitted electronically to the parish office by Noon on the preceding Monday to: bulletin@allsaintscr.com.

Opportunities for Prayer

Adoration of the Blessed Sacrament: Wednesdays, 8:30 AM to 10:00 AM in the Chapel.

All Saints Prayer Group: Tuesdays at 3:00 PM in the church lower level.

Prayer Tree: Available to anyone who would like us to pray for their intentions. Please call Darlene Fandel at 319-560-4844.

Women's Prayer Group: Tuesday mornings after 8:00 AM Mass.

M.O.M.S Rosary: 7:30 PM 1st Monday of the month, Queen of All Saints Chapel.

Prolife Rosary: Fridays after 8:00 AM Mass.

Parish Website: You may submit prayer intentions any time at: allsaintscr.com/prayer.