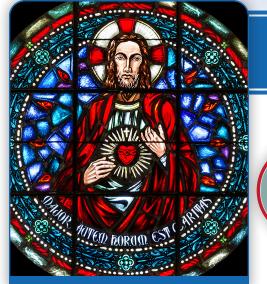


Love God • Serve Others • Form Disciples



March 1 & March 2, 2025; Eighth Sunday of Ordinary Time



WEEKEND MASS TIMES		
Saturday	4:00 pm	
Sunday	9:00 am	

WEEKDAY MASS TIMESTuesday8:00 amAsh Wednesday8:30 am

5:30 pm 8:30 am 8:00 am

•	
Ash Wednesday	
Ash Wednesday	
Thursday	
Friday	
•	

Every tree is known by its own fruit.







All Saints Catholic Church 🕆 720 29th Street SE 🕆 Cedar Rapids, Iowa 52403 🕆 (319) 363-6130

Please Pray for the Following People (*Why* people want prayers isn't important, *the prayers are!*)



Keri Farrell Thomas and Tyson Colvin.

To add a name call Dan Alpers, at 363-6130, ext. 100. Names will be listed for four weeks and may be renewed. ^भ, Recently deceased will be listed for two weeks.

Stewardship Corner



Are you using your gifts in the way God intended? Have you asked God how He would like you to use them? Do you compare yourself to others and complain about what you don't have instead of being thankful for what you do have? God gives each of us unique gifts and a unique plan. Listen to how God has called you to Stewardship to use your gifts, to bear good fruit, for the glory of His name.

A Weekly Tip on Caring for Our Common Home



Consider replacing all incandescent light bulbs in your home with more efficient CFL or LED bulbs. Replacing just one incandescent bulb can eliminate hundreds of pounds of climate pollution each year.

For the Married Couples



In the gospel we hear "Every tree is known by its own fruit" (Luke 6:44). In what areas of your married life are good fruits being born? Where is your life less fruitful? How might your children ("your own fruit") be an extension of you and your faith?

Retirement Reception to Honor Fr. Jack



The All Saints Pastoral Council and the All Saints Finance Council will be hosting a reception to honor Fr. Jack after the 9:00 AM Mass on Sunday, June 29 in the Social Hall. Please mark your calendar and plan to attend. More information to come!



Everyday Metanoia



Welcome to the Eighth Sunday in Ordinary Time. There is a saying that oftentimes, the best is saved for last. The head steward at the wedding at Cana said something similar. This week both the end of our reading from Paul and the end of our reading from Luke caught my attention with how well it pairs with our nomination weekend, the process for identifying our spiritual charisms and the beginning of Lent. Luke concludes the Gospel reading for this Sunday with, "A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. For every tree is known by its own fruit. For people do not pick figs from the arburshes and the use the gospel arburshes are the members.

thornbushes, nor do they gather grapes from brambles." We have talents and we have natural abilities. But God through the Holy Spirit has also blessed us all with a spiritual gift - a unique way that he can work through us. Think of our talents as the car we travel in through life and our abilities as the road(s) we follow. Discovering our spiritual gift is similar to switching from regular fuel to super-powered fuel. After many years of studying and using various spiritual gift programs and inventories, Bob Lillibridge, our Director of OCIA and Adult Formation has developed a program which streamlines the process. What is so special about that? As Jesus said, "people do not pick figs from thornbushes, nor do they pick grapes from brambles." We may be trying the hardest that we can in our faith life, but if we are trying to do this employing other motivational spiritual gifts and not the one that the Holy Spirit has graced us with, then we are not producing the best fruit possible. Please email Bob at *adultformation@allsaintscr.com* and he will guide you in this process.

Lent begins on Wednesday, March 5, and many choose to "fast" or do without a vice for the 40 days. In addition to this, many choose to add an activity to not only benefit the 40 days, but also in the hopes of creating a new beneficial habit. One of the best ways to do this is to discover or learn more about the unique motivational spiritual gift that God has given through the Holy Spirit. When we do this we give light to Paul's instructions to the Corinthians, "Therefore, my beloved brothers and sisters, be firm, steadfast, always fully devoted to the work of the Lord, knowing that in the Lord your labor is not in vain." Let's go back to the analogy of our car on the road of life. When we aren't working in tandem with God to know and grow our motivational gift, we "putt-putt" down the road. We still get to the destination, but we probably run out of fuel more often or have to deal with flat tires along the way. When we know and grow our motivational spiritual gift, we still encounter roadblocks, like wandering sheep in the middle of the road or an ice storm or two, but with the super fuel, our engine is able to recover more quickly from dents, flying packages off the roof of the car in front of us and to find detours which ensure our safety and get us back to the open road. Give up chocolate or coffee if that helps to make you a better person or to know the challenges that our brothers and sisters face in third world countries, but give yourself a life-giving gift this Lent by discovering and growing your motivational gift. Doing so, often leads to Lenten sacrifices which benefit not just 40 days, but benefit the remainder of our life journey.

This weekend we also undergo the exercise of nominating either ourselves or other parishioners for open leadership roles in our Pastoral Council and our Faith Formation Commission. Paul states in chapter 12 of 1 Corinthians, that we are all given unique gifts and abilities. To paraphrase, if we were all feet, we couldn't see, hear or do many other things needed. We need leaders to help shape All Saints Parish now and also to grow it for the future. But we need so much more than that to be the Body of Christ for each other, our community and the world. We need parishioners to water the plants, decorate at Christmas and bake cookies for funerals. We also need parishioners to serve as liturgical ministers. Each Mass benefits from at least 20 volunteers: hospitality ministers; Eucharistic ministers, lectors, altar servers, cantors and those who present the gifts of the Body and Blood of Christ. Currently, some of our volunteers are scheduled three and four weekends in a row, because we are so short-handed. Consider serving at Mass - complement and grow the Body of Christ at All Saints! Click here: *https://docs.google.com/forms/d/1zj6x8GHUz8GGPpYMogX7F sUCovIblig9FwAxwbsI9h4/edit* to sign-up.

Ash Wednesday Masses at All Saints will be at 8:30 AM and 5:30 PM. Please join us! Together we can work with God this Lent and beyond to prune and fire so that we grow as children of God, and also as the community of All Saints Parish.

See you at Mass!

Tracy Huk, Business Manager, businessmgr@allsaintscr.com

What is Ash Wednesday?



This year Ash Wednesday is on March 5, 2025.

Ash Wednesday is the first day of Lent—and a wonderful opportunity to make yourself 100% available to God!

How available to God are you? 50%? 75%? 96.4%? No matter what your answer, Ash Wednesday is the perfect time to decide that you will spend this Lent increasing that number.

On Ash Wednesday, you can get your forehead blessed with ashes at Mass or a prayer service. These ashes are a reminder that we need to repent.

Repentance is a powerful invitation. When John the Baptist first appeared in the desert of Judea, this was his message: "Repent, prepare the way of the Lord" (Matthew 3:2). Later, when Jesus began his ministry, he led with this message: "Repent, for the kingdom of heaven is at hand" (Matthew 4:17).

But what does it mean for us to repent, here and now, more than two thousand years later? It means the same as it did to the people walking around the dusty pathways in their sandals, trying to inch closer to Jesus as he passed through their town or village. Repent means "to turn back to God."

We all find ourselves needing to turn back to God many times a day, in ways small and large. It is not a matter of guilt and it is not a shameful thing. It is simply that we are a better version of ourselves when we return to his side!

For more fascinating and helpful information about Ash Wednesday, visit *https://www.dynamiccatholic. com/lent/ash-wednesday.html*

Thank You, Blood Donors!



Thanks to everyone that participated in our Winter Blood Drive. Once again All Saints Parish and School rose to the occasion. Your efforts resulted in the collection of 33 units of blood. One of the best blood drives we have ever had. Those life saving blood donations will be put to good use throughout our Eastern Iowa Community.

In appreciation of our group's effort, the Impact Life Blood Center will award All Saints School a Life Saving Grant of \$280.

Our next blood drive is scheduled for early September.

Thank you for your continued support. Dennis Mullarkey



Lent is Just Around the Corner



Here are a few details regarding our upcoming Lenten activities:

- Ash Wednesday is March 5. Mass and ash distribution will be at 8:30 & 5:30 pm in the sanctuary.
- Begin contemplating your prayer, fasting and almsgiving plans: All Saints will have Stations of the Cross & Mass on Tuesday evenings during Lent beginning at 5:30 pm. with a soup supper to follow.

Evening Eucharistic Adoration Held During Lent



During the Lenten season, we invite you to participate in Eucharistic Adoration. It will be held in the chapel from 5:30 p.m. to 6:30 p.m. on the following Monday evenings:

- Monday, March 10
- Monday, March 17
- Monday, March 24
- Monday, March 31
- Monday, April 14

Please join us as we spend this time in prayer and reflection. Please contact Peg Schmitz with any questions at *peg@schmitzia.com*.

Stations of the Cross



Stations of the Cross and Mass are offered on Tuesdays from March 11 through April 1. This requires 3 people to facilitate the Stations of the Cross. If you would like to participate in one of these roles, please contact Deacon Ed Martin. *deaconed@allsaintscr.com* 319-363-6130 ext 105

Catholic Charities Annual Fundraising Appeal: Pilgrims of Hope



THANK YOU to all parishes who helped kick off our 2025 annual fundraising campaign! We appreciate your time and efforts in helping spread Archbishop Zinkula's message of the sanctity of family, community, and the dignity of the human person. Thanks in large part to your efforts, our fundraising is off to a strong start. Please consider sharing our bulletin announcements and Facebook posts with your parishioners and visit our Annual Appeal website for more information. Please contact Jeff Schneider (*jeff.schneider@dbqarch*) or Megan Stammeyer

(<u>*m.stammeyer@dbqarch.org*</u>) with any questions you may have. Thank you for providing help and creating hope for our most vulnerable neighbors in Northeast Iowa!

Service to Others Metro Catholic Outreach



Our Most Urgent Weekly Needs

Pantry Needs: Macaroni & Cheese, Pork & Beans, Peanut Butter. **Personal Care:** Laundry Pods, Shampoo/Soap, Toothpaste. **Homeless Supplies:** Individual Fruit Cups, Warm Gloves/Mittens, Bus Passes.

Celebrating the Jubilee Year as Women of Hope



Catholic Daughters Court Cedar Rapids #1768 St. Therese, The Little Flower cordially invited you to our Spring Welcome Brunch. **Date:** Saturday, March 8, 2025

Time: 9:30 - 11:00 am

Location: St. Pius X, Parish Hall - 4949 Council Street NE, Cedar Rapids

Join us for food, fellowship, a speaker, and door prizes including a chance to win a 1-year membership in Catholic Daughters of the Americas. NO RSVP needed. We look forward to seeing you!

Questions? Please contact Stephanie at (319) 540-7193.

Author Pat Martin is excited to join us and talk about being "An Accidental Tourist in the Czech Culture." Pat Martin is a long-time member of All Saints Catholic Church and has been a member of the choir for 45 years.

All Saints Foundation



The Season of Lent begins this week. We have been reading the Beatitudes from the Gospel of Luke as the gateway into this Season. We do not need fancy or complicated programs to guide us through Lent. What we need is a clear set of glasses to examine our lives, the courage to be honest, and a love of God which allows us to begin or grow a relationship with Him. Both the Gospel of Matthew and the Gospel of Luke share the same conclusions: a relationship with God should be built on the solid foundation of loving God before all things and loving our neighbor as we would want to be loved. When we leave this earth, the opportunity to love God and neighbor

need not die with us. Through thoughtful and intentional estate planning, your love can continue to be a living force in this world for generations to come. One act of love builds upon the next and can be the source of hope, love and mercy of which our world is in much need.

If you would like to discuss how you can leave a financial gift of love and hope to All Saints Parish in your will, please contact Tracy Huk, Business Manager at 319-363-6130 ext. 111 or *businessmgr@allsaintscr.com*



Save the Date



Save the dates May 23rd - 25th! National Eucharistic Pilgrimage in the Archdiocese

During this extraordinary *Jubilee Year of Hope*, and picking up where the 10th National Eucharistic Congress left off, the 2025

National Eucharistic Pilgrimage will go through the Archdiocese from May 23rd to May 25th. Eight young adult Perpetual Pilgrims will accompany Jesus in the Holy Eucharist, starting in Indianapolis in mid-May and ending on the Feast of Corpus Christi in Los Angeles.

NATIONAL

Eucharistic

Pilgrimage

On Friday, May 23rd, we will receive the monstrance from the Diocese of Davenport and process it to the Cathedral to begin a Memorial Day weekend of special activities stretching across the Archdiocese. Save the date and stay tuned for more details on this important series of events!

40 Days for Life



The annual '40 Days for Life' Spring Kickoff Rally occured this last weekend. If you're interested in finding out what's happening during the following 40 days, reach out to Pat at 319-721-9730 or Vanessa at 319-569-9725. Sign up for vigil hours by visiting *www.40daysforlife.com/cedarrapids*

St. John's Parish Mission



St. John the Baptist in Mt. Vernon will be hosting a Lenten Parish Mission and we would like to invite anyone from your parishes who might want to join! We will be hosting Deacon Allen Tatara to give a speech entitled "Recharging your Spiritual Batteries".

2025 Archdiocese of Dubuque Men's Conference



Join other men from throughout the Archdiocese of Dubuque to be inspired in your faith at the 29th Annual Catholic Men's Conference on Saturday, March 29, 2025 at St. Pius X Church in Cedar Rapids. This year's conference will feature Michael Gormley as the keynote speaker. The day will also include Mass with Archbishop Thomas Zinkula, breakout sessions, Eucharistic Adoration, and more. Learn more and register at *www.ArchMensConference.org*

Iowa Catholic Youth Conference (ICYC)



One Weekend; Two Big Events EPIC - Saturday, March 29, 6:00 - 9:00 PM

This is a great opportunity for your teens to meet others like them from all over eastern Iowa, hear a nationally-known musician (Connor Flanagan), and grow deeper in their faith. Cost will be \$25 per person and will include a pizza supper! This is a great event for youth groups,

follow-up for recently Confirmed teens, or teens attending NCYC in November.

More information can be found *here*.

ICYC for Middle School Students



ICYC (middle school event) will take place on Sunday, March 30 from 10:00 AM to 4:00 PM. Registration is now open! Cost is \$50 per person until March 1.

For more information, or to register go to *dbqarch.org/icyc-ms*.

Totus Tuus Missionary Opportunity



The Archdiocese is working to hire enough missionaries to serve the parishes who are requesting to have Totus Tuus 2025. If you know any college-age young people, particularly women from your parishes who would be great role models for younger Catholics, please encourage them to apply to serve as a Totus Tuus Missionary for Summer 2025! This is a paid position with training and most expenses provided during the summer.

Application information can be found at *dbqarch.org/Totus-Tuus*. Please contact Joanne Pohland *(j.pohland@dbqarch.org)* with any questions.

2025-2027 IMPACT Program for Catholic Adults



IMPACT is a two-year formation program for Catholic adults, which is coordinated by the Archdiocese of Dubuque. The next offering of the IMPACT program will be held at St. Mary Catholic Church in Vinton, starting in September of 2025. IMPACT provides the opportunity to grow in your faith by attending monthly sessions with dynamic presenters, reading spiritual books, engaging in discussions with other participants, and receiving guidance from a spiritual mentor. Through study, prayer, reflection, and conversation, participants are challenged

to respond more fully to Jesus' call to mission—to IMPACT our world! To learn more and apply, visit *www.dbgarch.org/impact*.

Lenten Fasting, Prayer & Almsgiving



What is Lent?: Lent is a 40 day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also

baptized into Christ's death, died to sin and evil, and began new life in Christ. Many know of the tradition of abstaining from meat on Fridays during Lent, but we are also called to practice self-discipline and fast in other ways throughout the season. In addition, the giving of alms is one way to share God's gifts - not only through the distribution of money, but through the sharing of our time and talents. As St. John Chrysostom reminds us: "Not to enable the poor to share in our goods is to steal from them and deprive them of life. The goods we possess are not ours, but theirs." (Catechism of the Catholic Church, no. 2446).

In Lent, the baptized are called to renew their baptismal commitment as others prepare to be baptized through the Order of Christian Initiation of Adults, a period of learning and discernment for individuals who have declared their desire to become Catholics.

Fast and Abstinence: Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. The norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding from age 14 onwards. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus and to prepare ourselves to share more fully and to celebrate more readily his Resurrection. Click: *https://www.usccb.org/prayer-and-worship/liturgical-year-and-calendar/lent/catholic-reflection-on-lenten-fasting* to read a reflection from the USCCB on Lenten Fasting.

Prayer: During Lent we are called to spend more time in prayer in order to connect more fully with God. At All Saints we have scheduled many opportunities for additional prayer time, including: Mass, Lenten Adoration, Stations of the Cross, our Parish Mission, and the Men's Lenten Breakfast. The Faith Formation Commission will be distributing various Lenten prayer resources this weekend and the next. There are several Catholic apps that can be used for prayer time, including Hallow, Daily Prayer App, and Pray Catholic Prayers. You may also sign up to participate in the BEST LENT EVER (*https://www.dynamiccatholic.com/lent.html*) with Dynamic Catholic.

Almsgiving: The foundational call of Christians to charity is a frequent theme of the Gospels. During Lent, we are asked to focus more intently on "almsgiving," which means donating money or goods to the poor and performing other acts of charity. As one of the three pillars of Lenten practice, almsgiving is "a witness to fraternal charity" and "a work of justice pleasing to God." (Catechism of the Catholic Church, no. 2462). During Lent our Haiti Committee will provide educational and relational bulletin articles to help us appreciate the challenges and joys of our brothers and sisters in Haiti. One of the most intentional gifts that we can provide for the children in our Sister Parish of Notre Dame de Lourdes is to assist in the cost of their education along with financing the wages for their teachers. We encourage parishioners to set aside funds everyday in the realization of our many blessings. This monetary donation should be brought to the Holy Thursday Mass.

cont. on next page ...

Lenten Fasting, Prayer & Almsgiving (cont.)



Like much of life - we get more out of it when we put more into it. We hope and pray that Lent for 2025 is very meaningful for all and that we develop and enjoy a closer relationship with God, the Father; Jesus Christ, our Lord and Savior, and the Holy Spirit. Please watch the bulletin and our social media sites for dates, times and updates.

Men's Prayer Breakfast



All men of the parish are invited to the annual Lenten Men's Prayer Breakfast. Please come to the Social Hall on Saturday, March 15 at 7:00 AM. We will enjoy breakfast casseroles, croissants and jam while we watch a short video. Small group discussion will follow and we will be finished by 8:00 AM. Ask a male friend to join you! If you have any questions, please contact Deacon Ed Martin at *deaconED@allsaintscr.com*.

Catholic Daughters of the Americas



Catholic Daughters of the Americas Cedar Rapids Court #1768 will Meet Tuesday, March 18 at St. Pius Catholic Church. Doors open at 6:00 PM. At 6:15, refreshments-St. Patricks Potato Bar will be served. After our meeting starting at 6:30, Comfort Bags for the homeless will be assembled. Visitors are always welcome. Contacts: Roberta 319-366-0999 or Stephanie 319-540-7193

St. Patricks Fish Fry Dates



Mass Intentions

Tues. ช	March 4	8:00 am John Creen
		8:00 am ald Serovy Sr.
Wed.		5:30 Pm For the People
		8:30 am nthony Moser
Fri. †	,	8:00 am . Carl Schmitt
Sat. †		4:00 pm & Neva Griem
Sun.		9:00 am For the People

Scripture Readings

Week of March 2, 2025

Sunday: Sir 27:4-7/1 Cor 15:54-58/Lk 6:39-45 (84)

Monday: Sir 17:20-24/Mk 10:17-27 (347)

Tuesday: Sir 35:1-12/Mk 10:28-31 (348)

Wednesday: Jl 2:12-18/2 Cor 5:20—6:2/Mt 6:1-6, 16-18 (219)

Thursday: Dt 30:15-20/Lk 9:22-25 (220)

Friday: Is 58:1-9a/Mt 9:14-15 (221)

Saturday: Is 58:9b-14/Lk 5:27-32 (222)

Sunday: Dt 26:4-10/Rom 10:8-13/Lk 4:1-13 (24)

Parish Life



Do you enjoy getting people together for fellowship and having fun as well? Parish Life Committee is looking for additional members to appreciate each event. If you are interested, please contact Ellen Mouw at 712-253-5540 or *eamouw@aol.com*.

Un-Committee



Don't have time for committees or meetings, but still want to help? Join the "Un-Committee" where you are contacted only for special events at All Saints Church. If interested, please contact Ellen Mouw at 712-253-5540 or *eamouw@aol.com*.

All Saints Nights at Green Square Meals



All Saints helps prepare and serve dinner at Green Square Meals soup kitchen, 2-3 times a month. Sign up to help at the link below or contact Melissa Peckosh (847-975-1785 or *missypeckosh@yahoo.com*).

ALL SAINTS NIGHTS: 2nd & 5th Tuesday, 3rd Monday All volunteers in sixth grade and up are welcome. Sign up at: *https://signup.com/go/vJYiFPm*

Parish Office Hours



- Monday Thursday 8:00 am 4:00 pm
- Friday 8:00 am 2:00 pm
- Saturday and Sunday closed

The parish staff knows that your time is valuable. Please **call** or **email** the staff member you wish to speak with to ensure that they are available.



Bruins Beat



Attention XCS Parents:

Help Connect Us With Area Businesses!

The Xavier Catholic Schools Foundation is looking to strengthen connections within our community, and we need your help! We are asking parents to identify the business or company they work for and provide the name of a key contact person. This will allow us to explore potential partnerships, sponsorship opportunities, and ways to collaborate in support of our students and mission.

We appreciate your help! Questions - connect with Amy Thuente - *amy.thuente@crxcs.org* or 319.378.4571



Ministry Schedule

March 1, 4:00 PM Saturday

Sacristan

Peg Schmitz **Extraordinary Ministers** Kathi Grainger **Riley Hoover** Suzanne Lammers Gavin Miller Ellen Mouw Joan Murrin **Stephen Schmitz Altar Servers** Emma Colby **Emerson Eichhorn** Martin (MJ) Golobic Lectors Theresa Harker Kathy Ulrich **Hospitality Ministers** Jen Colby Chris Colby **Daniel Greene** Dick Kettelkamp Barb Lindstrom Mike Votroubek

March 2, 9:00 AM Sunday

Sacristan

Sherry Casey **Extraordinary Ministers Brian Conway** Chris Conway Larry Hunter Ann Hunter Gregory O'Connell David Shema Loesje Shema **Altar Servers** Paige Ainsworth Maeve Ainsworth **Charles Schmitt** Lectors Mick Erdman JoAnn Hand **Hospitality Ministers** Jason Ainsworth

Kim Ainsworth Nicole Johnson Chase Philpott Tony Satariano Diane Weimer

Ministry Schedule

March 5, 5:30 PM Ash Wednesday

Sacristan Joan Fishburn **Extraordinary Ministers** Terry Goerdt Mary Jo Goerdt Stephanie Guzman Bill Knapp Dianne Knapp Andrew Lang Marvin Stallman **Altar Servers** Joseph Cataldo Roman Kilburg Cayden Suby Lectors Stacy Cataldo Lynn Holverson **Hospitality Ministers** Nicole Johnson Tyler Martin Beth Martin Tom Takes Maureen Wolf Dave Wolf



Family Ministry

March 2, 2025 • 8th Sunday in Ordinary Time • Luke 6:39-45

Don't Be a Hypocrite

Jesus teaches that we are hypocrites if we point out our neighbor's faults before addressing our own shortcomings first. He also says that just like we can tell whether a tree is good or not by the fruit it produces, the words and actions of people will show us what kind of people they are at heart.

Jesus has a lot to say here about humility. Surely when he was teaching crowds of people, he knew some of them were very humble people who quietly went about living their lives as best they could. He would also have known that some people in the crowd were "show-offs" who found ways to advertise how good they were at certain things, how well-educated they were, or how much money they had.

His words to the crowd on that day reminded them that no one is without fault, even if they think it's only other people that have issues. For those who believe they have their acts together and feel the need to correct others, Jesus wants them to hear that first and foremost, they should worry about improving themselves before they try to fix other people.

As parents, it is easy for us to be so focused on guiding and correcting our children that we can forget that they will learn far more from our example than our directives. After all, we show our children what is important to us through our actions. For example, will our kids take our demands to limit their screen time seriously if we are completely addicted to our own devices? Even if they may not admit it, our children are watching us closely.

In the second section of the reading, Jesus echoes a passage from the book of Sirach in the Old Testament. Sirach taught that just like you can tell how well-cared-for a tree is by the fruit it bears, you can tell a person's mind by the person's speech. Jesus fleshes this out by saying that someone who is good at heart will express it in their words and deeds. What are the fruits that you are bearing in your life? What words and deeds will your children notice and learn from? By modeling healthy, virtuous lives—as Jesus did—we show our children the best way to live their lives.

FAMILY RESPONSE

Brainstorm as a family some people you know who live humbly, do good deeds, and speak graciously—in short, people who bear good fruit.

PERSONAL RESPONSE

What message do you think God has for you in this Gospel passage today? Ask God for help in following up on your insight.

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Mt. Calvary Cemetery 2025 Spring Cleanup



A reminder that the Mt. Calvary Cemetery 2025 Spring Cleanup is coming up fast.This year the Spring Cleanup will be on Saturday, March 15th.

If you have wreaths or other holiday tributes on your loved one's graves at Mt. Calvary and you wish to keep them, please have them removed by Friday, March

14th. The cemetery will be completely cleared of all decorations starting Saturday morning, March 15th. After April 15th conforming spring/summer floral displays may be placed. If you have any questions or wish to volunteer for this Corporal Work of Mercy, please contact Mt. Calvary Cemetery at 319-362-4659 or by email at *crmt.cal@gmail.com*.

Spreading Seeds of Hope to the World



Single women 19-45 years are invited to discern your vocation, March 7-8, 2025 in Dubuque, Iowa. Meet Sisters from different congregations and learn how to discern God's loving plan for you. Together we'll uncover how your gifts can inspire hope, healing and transformation in the world around you." For more

information, contact Sr. Janet May, *mayj@osfdbq.org*.

Other Religious Life Discernment Opportunities are available at *dbqarch.org/religious-life*

THANK YOU - THANK YOU - THANK YOU



weeks ago, Fr. Jack shared our concerning financial picture arish. Not only were we below the giving level for that same year ago, but we were experiencing a negative cash flow as is with so much gratitude in our hearts, that we can now t the giving level has increased since that announcement

and we now have a positive cash flow. So many parishioners and friends responded to Fr. Jack's announcement. We are a blessed. Thank you for your generosity and your commitment to Love God-Serve Others-Form Disciples.

The All Saints Finance Council and the All Saints Pastoral Council



Ministry Schedule

March 8, 4:00 PM Saturday

Sacristan

Cynthia Gunsolly **Extraordinary Ministers** Jean Bell **Connie Deutmeyer** John Myers Kourtne Powell Mike Powell **Daniel Prentice Becky Weininger Altar Servers** Kennedy Blue Bo Dittmar Logan Weininger Lectors Theresa Harker Lisa Stephenson **Hospitality Ministers** Sue Bright Ryan Donnelly Marcia Myers Lauri Talvat Brian Talvat Theresa Werner

March 9, 9:00 AM Sunday

Sacristan

John Michael **Extraordinary Ministers** Tom Amosson Stephanie Guzman Wade Johnson Bill Knapp Dianne Knapp Sara Lang Dennis Mullarkey **Altar Servers** Addison Johnson Henry Johnson Katherine Osen Lectors David Shema Tasha Tatara **Hospitality Ministers**

Kim Ainsworth Jeanne Amosson Mike Klappholz Stephanie Klappholz Pete Rethwisch Chris Shimon



Preparing with Jesus this Lent...To Live in Easter Joy!

Each year we make the long journey through Lent. Lent is not the end but rather an important means to the final goal of Catholic life, achieved in Jesus' Resurrection. With the help of Scripture and story, let us reflect on the love and saving power of our God, which offers us and our children joy and fullness of life in Christ Jesus!

Join us for our mission speaker Tom Quinlan at All Saint Catholic Church 720 29th St SE, Cedar Rapids, IA 52403.

- **Sunday, April 6.** Doors open at 4:30 presentation to begin at 5 pm for the parents of children. Taco bar available.
- Monday, April 7 and Tuesday, April 8. Doors open at 5:30, presentation to begin at 6 pm. Snacks will be served.

We welcome all that want to Live in Easter Joy.

Gospel Weeklies

March 2, 2025 8th Sunday in Ordinary Time

The Gospel at Home

This Week's Gospels: Luke 6:39-45

In Sunday's Gospel, Jesus tells a parable to teach us to worry about our own actions before we criticize things other people do. When we are good, Jesus says, we produce good from our heart. But when we do evil things, they come from our heart as well. The point is to keep our hearts pure by loving God and each other.

Exploring the Gospel Message

Seeds (Preschool): This week's lesson taught your child about how good trees grow good fruit. Talk with your child about how we can all be good in order to act with kindness and love toward each other. Have your child show you how he or she is doing on the Loving Actions Chart from class. Talk about other loving actions that each member of the family can do.

Promise (Grades K–1): Sunday's Gospel about the parable of the good tree growing good fruit was emphasized in class this week. We can produce good in our lives with good actions. Talk about the good fruit that your child learned about on Promise page 4. How many other good actions can you and your family produce?

Good News (Grades 2–3): In class this week, your child explored what is in his or her heart. The Gospel about the good tree bearing good fruit was used to help the class think about how good things come from the heart. Ask your child what he or she learned from the story of "The Blind Men and the Elephant." Talk about all the good actions you and your family have done this week. **Venture** (Grades 4–6): This week's class explored ways that we express ourselves to others with messages on our clothing. The class also heard the story of "Maya's True Colors." Discuss with your youngster what the story taught him or her. Jesus' teachings from this week's Gospel tell us how to be good followers of him. Talk about how the Gospel challenges you and your young person to think about the people of God. What did your youngster think about the story of Saint Joan of Arc?

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Guide

Visions (Grades 7–8): Lent begins this Wednesday. Ask your child to tell about the Ash Wednesday Service from class. Discuss how easy or difficult it is to keep promises, which is what this week's class story, "Because I Said I Would," centers on. How can you and your youngster symbolize the good tree that produces good fruit in this week's Gospel? Consider using this week's lesson on the Responsorial Psalm in your weekly prayers.

Awaken (Teens/Adults): Discover a new level of spiritual growth for parents with Awaken, the new adult level of the Pflaum Gospel Weeklies, developed to deepen your faith journey alongside your children. Scan the QR code to learn more.

Pray Together

Ash Wednesday is this week on March 5. Pray that this Lent will help you and your family grow closer to God. Pray that your family will be bearers of good fruit for others in your life. Make Ash Wednesday a positive start for your Lenten journey.





TOGETHER

a monthly bulletin insert from the archdiocese



Comments regarding this insert may be sent to communications staff by emailing *contactus@dbqarch.org* or by calling (800) 876-3546 and asking for the director of communications.

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This document is available as a PDF at www.dbqarch.org/together



Jubilee Year 2025 Honors Armed Forces, Police, and Security Officials in February

By Cassie Bird

During each month of the Jubilee Year, the Church celebrates numerous groups of laypeople and religious. Armed forces, police, and security officials are being honored in February alongside artists and deacons.

The following article contains interviews with three members of law enforcement, both active and retired, who are parishioners in the Archdiocese of Dubuque.

Chief Deputy Jill Knipper Parish: Sts. Peter & Paul, Petersburg

Jill Knipper is Chief Deputy of the Delaware County Sheriff's Office, and has worked in law enforcement for 21 years. She is married with three children, and is a parishioner at Sts. Peter & Paul



in Petersburg where she volunteers at various parish events and serves as a

Eucharistic Minister.

Jill first felt called to a career in law enforcement because of how it provides a wide variety of opportunities to keep her local community safe and happy where they work, live, and raise families.

She says that her Catholic faith has always been something that is at the center of her decision-making.

"I try to start each day with a positive outlook knowing that God will show up for me in many ways throughout the day, whether those ways be big or small," Jill reflects.

"I think my faith has helped me be more understanding and willing to give a chance to people who many think may not deserve that chance. My faith has guided me through tough situations and has been a driving force when there are things on my mind or situations that need my attention."

Weekly church attendance helps ground her in a world that can be everchanging. Law enforcement is never the same career from day to day. It has her constantly thinking on her feet and adjusting to different situations that she may not have planned for, but knows that she has trained for.

"Just as we are taught to fall back on the trainings and teachings of Jesus, we as law enforcement are taught the same - to fall back on our teachings and trainings."

Law enforcement is well supported and appreciated in her community, which is a two way street.

Jill speaks about how compassion, forgiveness and justice are three things that can be looked at differently by all people. Law enforcement is looked at differently by all people, and so they go hand in hand in her book.

"Law enforcement allows me to have and use compassion for others on a daily basis just based on the variety of populations I have an opportunity to work with in a day. The goal of law enforcement is to bring justice to the communities we serve and again that looks different for many, but seems simple when you look at the teaching we hear about in Mass weekly. I know that my faith has deepened and my relationship with God has changed in many ways since becoming a law enforcement officer, and I am sure this will continue to deepen and change as I continue my career."

Corporal Travis Kramer Parish: Resurrection, Dubuque

Corporal Travis Kramer is the Property and Evidence Coordinator for the Dubuque Police Department, with over 25 years of experience in law enforcement. Travis is married with



three children, and is a parishioner at Resurrection Parish. There he has served on a number of committees, co-chaired the parish festival, and served on the Pastoral Council.

Travis attended Loras College, where he graduated with a BA in International Business. During his senior year there, his best friend was a member of the Dubuque Auxiliary Police and invited him to also join. Travis ended up enjoying it, and decided to pursue a career in law enforcement after graduation.

His Catholic faith and the lessons about how to treat others often comes into play in his work.

"Law enforcement officers deal with people across the full spectrum of life, but often during times of tragedy and need. Being Catholic guides me to treat others with respect and compassion, serve those in need of assistance, and treat others equally, as Jesus taught us to," he says.

During times of difficulty, Travis turns to a saint that he feels especially connected to - St. Michael the Archangel.

"I carry blessed Saint Michael medals with me at work, one in my pants pocket and another in front of the ballistic panels of my vest," Travis explains.

"I pray to him and Jesus before and after every shift, thanking them for their protection of me and my fellow officers, and asking to help us be a light of Christ to others."

The faith community, like a majority of the Dubuque community, has been supportive of Travis and the other members of local law enforcement. That support is shown through prayer intentions, kind words, and even treats and cards written to officers from Wahlert Catholic High School students.

Catholic teachings have also helped him to deal with difficult situations on a routine basis.

"Working with victims and their families requires compassion, while treating offenders with fairness. Reading and learning about these situations is one thing, but by living them over and over I have developed a much deeper understanding of Catholic teachings about compassion, forgiveness, and justice."

Deacon Michael Klappholz Parish: All Saints, Cedar Rapids

Deacon Mike Klappholz was a Cedar Rapids Police Officer for over 33 years, the last nine of which he served as Chief of Police before his retirement. He is married with two

children, and is a proud grandfather to four grandchildren. He is a longtime member of and deacon at All Saints Parish in Cedar Rapids, where he has served on archdiocesan committees and is currently the Chaplain for the Catholic Committee on Scouting.

His first memory of expressing interest in law enforcement was during his senior year of high school at his Eagle Scout Ceremony. There, the Cedar Rapids Police Chief at the time, George Matias, was the guest speaker.

After his freshman year of college, Deacon Mike enlisted in the Iowa Army National Guard and spent the summer at basic training. He decided to major in Criminal Justice, and after graduation joined the Cedar Rapids Police Department (CRPD) as a rookie and began his career in law enforcement.

At the time of his retirement, he was Police Chief of CRPD and a Colonel in the Iowa National Guard. The day before his retirement ceremony, he began Formation to become a deacon.

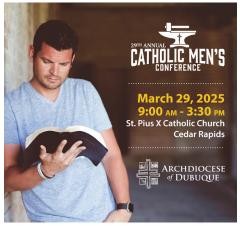
His Catholic faith has had a profound impact on his career, in addition to his life overall. Many of his friends and interests came into his life due to his parish and his faith, not to mention his pastor's guidance over the decades.

"From my first days as a Cedar Rapids Police Officer, All Saints has been with me on my journey. Upon my appointment as a rookie in the Police Academy, the parish newsletter had an article featuring another new officer and me," he remembers. "Over the year, whenever someone or something was needed, many times the person stepping forward was from our Catholic faith."

Deacon Mike also makes the connection between being a police officer and a deacon. "In both roles, we at times are called to assist others during difficult situations in people's lives. This can certainly call for compassion, forgiveness, and justice."

The lesson that Deacon Mike would give to someone who is considering a career in law enforcement is the same one that he would give to anyone contemplating their calling in life.

"As a retired police officer and chief, I have observed and witnessed officers perform heroic actions under very stressful and difficult circumstances, and at times, put their arm on someone's shoulder and cry with them. It takes a special person to be a good police officer (the same goes for a priest and even a deacon). The challenge is determining what God is calling us to do and, more importantly, what to be. Only through prayer and reflection is knowing this possible."



For more information or to register, visit www.ArchMensConference.org

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Looking for an experience



Totus Tuus (a Latin phrase meaning "Totally Yours") is a summer Catholic youth program that challenges youth to give themselves entirely to Christ through Mary. Totus Tuus not only teaches the faith through the sacraments, prayer, and fun, but ignites the hearts of team members and the young people they encounter.

Totus Tuus calls upon college students and seminarians who are hired to share their energy, enthusiasm, love and witness of the faith, commitment to spiritual growth, ability to work as a team, and desire to work with youth.

If you are interested in serving as a Totus Tuus Missionary for Summer 2025, and would like to learn more about the Totus Tuus program, please contact the Archdiocesan Totus Tuus Director, Joanne Pohland at 563-556-2580, ext. 255 or j.pohland@dbqarch.org.

fellowship, and fun as a Totus Tuus Missionary!

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Scan here — for more info



Spiritual Journaling Workshop



Come listen to God speak to us through a combination of scripture, spiritual quotes, spiritual images, and formal prayer. Your response to these words, images, inspirations can start the flow of your spiritual writing.

No journaling experience or writing skill is needed, only an open heart and a genuine desire to respond to what God puts there. Nothing written will be evaluated or criticized...or even collected, and sharing will be limited and never required.

Facilitated by Mary Ann Maynard, a St. Ludmila parishioner who has an extensive background as a writer, editor, and teacher and an interest in lifelong conversion and formation.

March 10, 17, 24, 31 & April 7 & 14 6:30 PM - 8:00 PM St. Ludmila Community Center Notre Dame Room 211 21st Ave SW Cedar Rapids, IA 52404

To register, scan the QR code or contact Bob Gardner by email at dbq029s3@dbqarch.org or by phone at 319-362-7282 by Wednesday, March 5.





Parish Office (319) 363-6130 Mon.-Thurs., 8:00 am - 4:00 pm Fri., 8:00 am - 2:00 pm

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Rev. John R. Flaherty Mike Klappholz Ed Martin Tracy A. Huk Jeremy Lutz Rev. John R. Flaherty Matthew Burrier Bob Lillibridge Stacy Cataldo Dan Alpers Ethan Weiland Lori Jiacinto fatherjack@allsaintscr.com Ext. 116 deaconmike@allsaintscr.com Ext. 107 deaconed@allsaintscr.com Ext. 105 businessmgr@allsaintscr.com Ext. 111 bookkeeper@allsaintscr.com Ext. 108 fatherjack@allsaintscr.com Ext. 116 music@allsaintscr.com Ext. 106 adultformation@allsaintscr.com Ext. 109 catechesis@allsaintscr.com Ext. 114 officemgr@allsaintscr.com Ext. 100 it@allsaintscr.com Ext. 104 scrip@allsaintscr.com (319) 535-3570

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Xavier High School Principal

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All Saints Catholic Church † 720 29th Street SE † Cedar Rapids, Iowa 52403 † (319) 363-6130

Sacrament Information

Sacrament of Reconciliation: Saturdays at 3 p.m.

Sacrament of Baptism: Baptism preparation class is required for parents. Contact Deacon Ed Martin (*DeaconEd@allsaintscr.com* or 319-364-7524) to schedule a class and date for the baptism (some date restrictions may apply).

Sacrament of Matrimony: Couples are to make arrangements at least six months before the intended date of the wedding in order to fulfill the necessary requirements. Please contact Deacon Mike Klappholz (*DeaconMike@allsaintscr.com*) to begin the process.

Order of Christian Initiation for Adults (OCIA): Classes are scheduled for Monday evenings beginning in the Fall. Contact Bob Lillibridge, Director of Formation, for more information (*adultformation@allsaintscr.com*).

Confirmation: Classes will be led by Father Jack Flaherty after the 9:00 a.m. Mass on Sundays in the Social Hall. (*fatherjack@allsaintscr.com*).

First Reconciliation & Eucharist: Second graders combine home study and retreats to prepare for these sacraments. Contact Stacy Cataldo, Director of Catechesis, for more information (*catechesis@allsaintscr.com*).

Anointing of the Sick: Please contact the office at 319-363-6130, ext. 100 to schedule anointings.

Miscellaneous Information

Newcomer Registration: Call the Parish Office at 363-6130, ext. 100, or register on line at http://www.allsaintscr.com.

Bulletin Deadline: Items must be submitted electronically to the parish office by Noon on the preceding Monday to: *bulletin@allsaintscr.com*.

Opportunities for Prayer

Adoration of the Blessed Sacrament: Thursdays, 8:30 AM to 9:30 AM in the Church.

All Saints Prayer Group: Tuesdays at 3:00 PM in the church lower level.

Prayer Tree: Available to anyone who would like us to pray for their intentions. Please call Darlene Fandel at 319-560-4844.

Women's Prayer Group: Tuesday mornings after 8:00 AM Mass.

M.O.M.S Rosary: 7:30 PM 1st Monday of the month, Queen of All Saints Chapel.

Prolife Rosary: Fridays after 8:00 am Mass.

Parish Website: You may both submit and view prayer intentions any time at: https://allsaintscr.churchcenter.com/people/forms/413117.